

# Broadland<sup>news</sup>

WINTER 2022





# Helping good causes



A hedgehog habitat, counselling and community buses are just some of the things supporters of the Community at Heart Lottery have helped to fund over the past year.

In total, a whopping £75,000 has been raised for local good causes to use in ways that directly help and support people living in Broadland, animals and the environment.



We want to say a huge thank you to all lottery supporters on behalf of the 72 good causes. You're helping to make a real difference where you live and we hope you're having fun at the same time - especially those of you who have won.

Cllr Trudy Mancini-Boyle, Deputy Leader of Broadland District Council: "We're thrilled to see people getting behind causes close to their hearts while joining in with the excitement of winning prizes. If you aren't playing yet, don't delay."



**You could scoop the £25,000 jackpot!**

If you want to be in with a chance of winning, go to [www.communityatheartlottery.com](http://www.communityatheartlottery.com) and select a good cause to donate to directly through ticket sales.

## Editorial

Marketing and Communications Team, Thorpe Lodge,  
1 Yarmouth Road,  
Norwich, NR7 0DU  
t: 01603 430124  
e: [communications@southnorfolkandbroadland.gov.uk](mailto:communications@southnorfolkandbroadland.gov.uk)

Advertisements featured in Broadland News do not mean the Council endorses those companies or services in any way. Broadland News is printed on paper made from recycled material. Events and services are correct at time of printing but may change.



If you would like this information in a different format, such as large print, audio, Braille or in a different language please call 01603 431133 and we will do our best to help.

## Useful contacts



**Broadland District Council**

**Main switchboard: 01603 431133.**

Mon - Fri. 8.30am - 5pm

**Website: [southnorfolkandbroadland.gov.uk](http://southnorfolkandbroadland.gov.uk)**



@BroadlandDC



@BroadlandDistrictCouncil

**Community  
Help Hub**



**Support for anyone who is feeling vulnerable:**

- All ages
- Help with obtaining the basic essentials
- Isolated/lonely
- Worried about issues at home, including relationships
- Money issues

Call Help Hub: 01603 430431

e: [helphub@southnorfolkandbroadland.gov.uk](mailto:helphub@southnorfolkandbroadland.gov.uk)



# Featured articles

- 4** Christmas bin collection changes
- 7** Net Zero by 2030
- 14** Love Local, Spend Local this Christmas
- 17** Community at Heart Awards 2022

## A message from the leader

**Christmas is an exciting time for many, giving us the opportunity to look back over the last year at what has been achieved whilst also creating a time to look forward and wonder about the year to come.**

As I look back, I am proud of what Broadland Council has achieved over the last twelve months. We have made huge strides in the journey to achieving Net Zero by 2030. We are still the Norfolk council with the highest recycling rates. We have successfully now gone further by enabling all our residents to have food waste collections and introducing small electrical, battery and textile kerbside collections. Our refuse vehicles now run on bio-fuel. We will soon be moving into our new home, the Horizon Centre, a building that is much more environmentally friendly and will significantly reduce our running costs. I am also extremely proud of the support and assistance the Council and our residents gave

to those seeking safety from the conflict in Ukraine.

The Council has continued to support our local businesses offering grants to help their bright ideas become reality. We have enabled many fledgling businesses to take off and have offered advice and support to existing businesses as they grow.

We have supported the local and regional economy. By attracting investment into our district we have been able to open the Broadland Food Innovation Centre, thus increasing the amount of food grown locally being processed in Norfolk. This ability reduces food miles, helps the environment and strengthens the local economy.

Our community is at the heart of everything we do and the welfare of our residents is our first priority. If, during this time of rising prices, you or someone you know is struggling to pay the bills, please contact the Council's Help Hub. Sometimes it is difficult

but there is nothing wrong with asking for help. The earlier we are involved the sooner assistance can be arranged.

I would like to end by paying tribute to our late Queen, Her Majesty Queen Elizabeth II. Her decades of public service and leadership to our country were nothing short of inspirational and I was humbled by the resilience and strength she demonstrated throughout her lifetime.

Have a good Christmas and happy New Year.

**Councillor Shaun Vincent,  
Leader of Broadland  
District Council**



# Never miss a bin collection again, download our app!

**Are you rubbish at putting your bin out on time?**

**Well despair no more, this month the Council is launching a brand-new app, which means you will never miss a bin collection again!**

Not only does it remind you when to put which bin out, but it will also make sure you are kept up-to-speed with any collection changes – which is super handy for bank holidays.

But that's not all, quickly find out what you can and can't recycle at the click of a button and test your knowledge with the waste sorting game.

The app will be available in December. All you need to do is search Bins BDC on Google Play and Apple App Store.



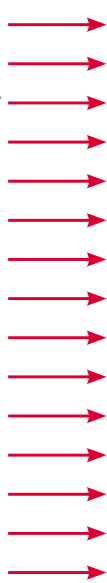
**Look out for our app - it's coming soon!**



## Your Christmas bin collection days

### Normal collection day

Monday 26 December  
Tuesday 27 December  
Wednesday 28 December  
Thursday 29 December  
Friday 30 December  
Monday 2 January  
Tuesday 3 January  
Wednesday 4 January  
Thursday 5 January  
Friday 6 January  
Monday 9 January  
Tuesday 10 January  
Wednesday 11 January  
Thursday 12 January  
Friday 13 January



### Temporary collection day

Wednesday 28 December (2 days later)  
Thursday 29 December (2 days later)  
Friday 30 December (2 days later)  
Saturday 31 December (2 days later)  
Tuesday 3 January (4 days later)  
Wednesday 4 January (2 days later)  
Thursday 5 January (2 days later)  
Friday 6 January (2 days later)  
Saturday 7 January (2 days later)  
Monday 9 January (3 days later)  
Tuesday 10 January (1 day later)  
Wednesday 11 January (1 day later)  
Thursday 12 January (1 day later)  
Friday 13 January (1 day later)  
Saturday 14 January (1 day later)



Please note brown bins will be not be collected from 26 December to 6 January.  
Your food waste bin will be emptied on the same day as your general and recycling bin collections.



# Moving with the times

Following the successful purchase of the Horizon Centre, we are on the move to Broadland Business Park.

From next year the Horizon Centre will be the new home for Broadland District Council.

Council Leader, Cllr Shaun Vincent, said: "This is a really positive move for the Council and our staff. We have committed to being Net Zero by 2030 and our new building will help us to reduce our building carbon footprint by an incredible 84%.

"The move will also help us save taxpayers millions of pounds over the coming years with huge savings in running costs for the Council. Those savings will enable us to continue to provide quality services that make a real difference to our residents' lives and at a time when all other bills are rising, helping us to not have to increase Council Tax."

The Council's offices at Thorpe need extensive refurbishment and have higher maintenance costs. The much lower running costs of the Horizon Centre will slash these expenses by £300,000 every year and 2,500 solar panels will also help offset future energy price hikes.



"This will help us save tax-payers millions of pounds and help keep Council Tax low."

Cllr Shaun Vincent

The staggering 84% reduction in the carbon footprint of our office building will strengthen our position as a very low-emission council.

Cllr Vincent added: "Broadland District Council continues to lead the way on protecting the environment. Our new building is much more eco-friendly than Thorpe Lodge and the Horizon Centre's electric charging points will also make it easier for staff and visitors to use electric vehicles."

Our new home is only two miles from Thorpe Lodge, easily accessible by public transport and has plenty of parking.

## Horizon fact sheet

**£300,000+** Annual savings

**4.5 years** Pay back

**£8.6m** Savings forecast in Feasibility Study

**84%** Combined building carbon footprint reduction

**2,500+** Solar panels providing green energy, cost saving and income



# Game changer for the region

**The Broadland Food Innovation Centre has officially opened its doors for first time.**

Cllr Trudy Mancini-Boyle, Deputy Leader of Broadland District Council, welcomed guests to mark the beginning of an exciting new era of economic opportunity for the region's food sector. The Broadland Food Innovation Centre is instrumental to a major project designed to support and fast-track the growth and success of food and drink businesses across Norfolk and Suffolk, encouraging investment into the district.

The purpose built centre offers food-grade incubation units, test kitchens, a sensory kitchen, meeting rooms and fully equipped, state-of-the-art conferencing facilities.

Cllr Trudy Mancini-Boyle said "The completion of the Broadland Food Innovation Centre in such a short time is a tremendous achievement and highlights the outstanding work done by Broadland District Council to support local businesses and our local economy.

"The facilities available will enable food processing to happen in our district rather than outside of the region. This is good for local business and it enables a dramatic cut in food miles which is also good for the environment."

**FOD** BROADLAND  
FOOD INNOVATION  
CENTRE

This important Council initiative based on the Food Enterprise Park near Honingham is backed and funded by a partnership which includes Broadland District Council, Hethel Innovation, University of East Anglia, New Anglia Local Enterprise Partnership, European Regional Development Fund and HM Government.

## Growing your food business?

Food sector companies are already benefitting from fully-funded Innovation Support worth up to £250,000 and membership of the free Food Innovation Cluster. Businesses that want to grasp this exciting opportunity should contact Sarah Pierce the Centre Manager via [spierce@hethelinnovation.com](mailto:spierce@hethelinnovation.com) or Nick Dunn at Brown & Co via [nick.dunn@brown-co.com](mailto:nick.dunn@brown-co.com)



**FOD** BROADLAND  
FOOD INNOVATION  
CENTRE

 **European Union**  
European Regional  
Development Fund

 **HM Government**

 **Broadland**  
District Council  
Community at heart

**NEWANGLIA**  
Local Enterprise Partnership  
for Norfolk and Suffolk

 **Hethel**  
Innovation

**UEA**  
University of East Anglia



# Net Zero by 2030

"The Council has made reaching Net Zero by 2030 one of our main priorities and we have already taken significant steps towards making this happen."

Cllr Judy Leggett

**Broadland District Council will be Net Zero by the end of this decade, 20 years ahead of the Government's national target for the UK.**

Net Zero can be achieved by changing the way we work, innovation through technology and by planting trees that remove greenhouse gases as they grow.

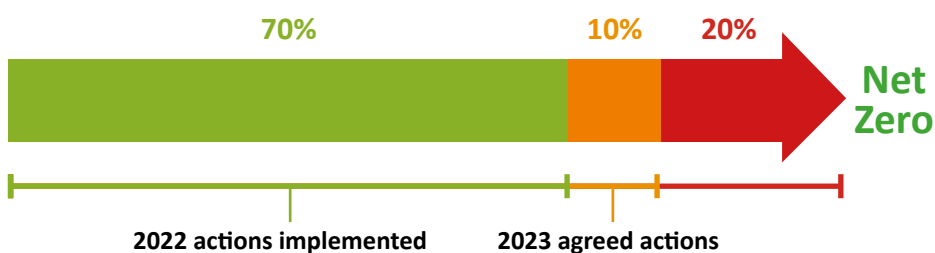
Broadland District Council Leader, Cllr Shaun Vincent said: "Broadland District Council is leading the way on changing how we work and making decisions that will have a real and lasting effect. Ours is a Council of action and we do what we say. We will achieve Net Zero by 2030. The time for talking has passed, this is a time for action and doing something about it!"

## What we've done

Broadland District Council has already made huge strides in reducing its carbon footprint. The refuse fleet has changed from using diesel to Hydrotreated Vegetable Oil resulting in a massive reduction in carbon emissions. Food waste collections have been rolled out across the district and kerbside electrical battery and textile collections have all been introduced.

## What we're doing

The Council is moving to the Horizon Centre as its home. The new building is much more environmentally friendly than the old offices at Thorpe Lodge and will significantly reduce our carbon footprint. The Council is exploring further initiatives and solutions to help us bridge the gap between our planned impacts and our Net Zero destination, including the refurbishment of our Frettenham Depot.



Broadland District Councillor, Judy Leggett, portfolio holder for Environmental Excellence said: "The actions we have already taken have reduced the Council's carbon footprint by 70% and our agreed plans for next year will reduce that to 80%.

However, there will be some emissions that will be more difficult to remove. We will develop projects both for the Council and for our communities to offset these remaining emissions, such as grants for better insulation of housing, grants for air source heat pumps and grants to plant trees. We will do what it takes to achieve Net Zero by 2030."



# Business Builder boosting local economy

"Broadland is a fantastic base for entrepreneurs and businesses to grow and be successful"

Cllr Jo Copplestone

## Broadland District Council's Business Builder Programme helps fledgling and existing businesses develop and move forward.

For 24-year-old Matt Carey the 'daily grind' took on a whole new meaning in January, when he swapped his 9-5 for a new mobile coffee business, the Green Wave Coffee Company.

He successfully applied to the Council for a £1,000 grant to help pay for some of the start-up costs, including equipment and signage.

Matt whose first job had been working at Costa Coffee when he was 16, said: "I'd wanted to own my own business for a while and coffee seemed the obvious choice. The support I received from Broadland District Council really helped kick-start the dream."

Matt's business has an emphasis on green sustainability and also supports other local companies, he said: "Our coffee is from Symposium Coffee Roasters in Hellesdon, we use Norton's Dairy in Frettenham for our milk and our cakes come from Dollies Bakery in Wroxham and other local suppliers."

Young mum Phoebe Beaumont also recently benefitted from a £1,000 grant and business support to help launch her new graphic design business.

Phoebe had a graphic design degree and was keen to do something that would fit in around her 2-year-old daughter. So in May she decided to start her own business, Put a Pin In It.

The business offers a range of unique cards, illustrations, notepads and prints all designed by Phoebe.

She said: "I decided to go self-employed but the equipment and software I was using was unreliable and ten years out of date."

"I had heard about the grant through a friend and contacted Jane Bagley, one of the Council's Economic Development Officers, who came round and helped me draw up a business plan and apply for the grant, as well as offering other business support."

Phoebe used the grant to buy a new computer and software. She said: "It has made a huge difference. In this area of work, it's really important to have the latest software and I can now do all my artwork and accounts without having to worry about the computer crashing."



The computer links to her new printer, which means she no longer has to pay for external printing.

"It's saved me a huge amount of money. The equipment along with the advice I have received from Jane has been massive help with building my business."

For more information about the Council's Business Builder Programme which includes training, grants and mentorship visit our website.



Scan me



# Nominate now for our...

BROADLAND & SOUTH NORFOLK  
**Business Awards 2023**

9

**Nominations for the Broadland and South Norfolk Business Awards 2023, sponsored by Big Sky Living, are now open.**

## Nominate your Broadland business now!

Businesses can nominate themselves for an award in any of the 11 categories and residents can support their favourite shop and pub by voting for them as 'Retailer of the Year' and 'Pub of the Year'.

## Win £100 of vouchers!

By voting for your favourite shop and pub you'll have the chance to win £100 of shopping vouchers and £100 of pub vouchers in our prize draws.

This year's categories are:

- **Business Collaboration**, sponsored by Pasta Foods
- **Business Growth**, sponsored by Hethel Innovation
- **Business Innovation**, sponsored by Panel Graphic

- **Business Resilience**, sponsored by Mirus
- **Business Supporting the Community**, sponsored by InTouch Systems
- **Employer of the Year**, sponsored by Jarrold Training
- **Environmental Innovation**, sponsored by University of East Anglia
- **Excellence in Agriculture, Food and Drink**, sponsored by Woodforde's Brewery
- **Excellence in Insurance, Financial and Professional Services**, sponsored by fignorwich
- **New Business**, sponsored by CNC Building Control
- **Visitor Experience**, sponsored by Adnams
- **Broadland Pub of the Year**, sponsored by Pub is The Hub - open for public nomination only

"In Broadland we have a thriving and diverse range of businesses. We are proud to be home to leading innovation centres and commercial enterprises".

**Cllr Jo Copplesstone**

- **Broadland Retailer of the Year**, sponsored by Big Sky Living – open for public nomination only

Nominations close on Monday 12 December and winners will be announced on 7 March at the awards ceremony.

For more information and to nominate your business, favourite retailer or pub, visit our website.



Scan me



Business Award Winners 2022

# Supporting the welfare of your towns and villages



**The Council recently launched a brand-new initiative to support people suffering with mental health issues. The Mindful Towns and Villages scheme launched in Aylsham and will be rolled out across the rest of the district over the coming months.**

The scheme provides free training and support to local community groups, schools and businesses to create hundreds of certified Mental Health Champions throughout the district.

Broadland District Council's Cabinet Member for Wellbeing, Cllr Fran Whymark, said: "Since the outbreak of the Covid 19 pandemic the NHS has experienced record demand for mental health services. This project raises awareness of mental health issues and challenges the associated stigma. It will also help to ensure that immediate support is available in the community and in the workplace.

"With one in four adults and one in ten children experiencing mental illness, there has never been a greater need for such a service. By creating these Mental Health Champions we are throwing a lifeline to those suffering from mental illness and also to their families and friends who may need support too."

The Council's Help Hub will be on-hand to support all of the newly created Mental Health Champions. A dedicated Mental Health Support Worker is available to talk through people's concerns, provide advice on next steps and the different services.

Cllr Whymark added: "We know we have an amazing community spirit in Broadland. We saw communities pulling together throughout the pandemic, going out of the way to help and support each other through difficult times. Many of the groups that were created during that period are still going, still supporting our district's most vulnerable residents. We would like to encourage them to take on this training and to continue their amazing work.

"It's been reported that 1 in 6 workers will experience depression, anxiety or problems relating to stress at any one time. If you are an employer this training could really benefit you, your staff and your customers.

"We know we have an amazing community spirit in Broadland."

**Cllr Fran Whymark**

Whether you're an opticians, pub or hairdressers please consider signing up."

All organisations that take part in The Mindful Towns and Villages Project will receive a kitemark to recognise their commitment and training.

If you are a community group or an organisation in Broadland that would like to have free mental health training then contact the Help Hub via our website.



Scan me



# Saving the world one peel at a time



**Broadland District Council understand the vitally important part that recycling plays in the battle against global warming and climate change and it has worked hard with residents to achieve the highest recycling figures in the county.**

The Council is always looking for ways to increase the amount of waste that is recycled and Broadland District Council has taken another huge step by ensuring that all residents in the district have the opportunity to recycle wasted food.

Broadland District Council was the first local authority in Norfolk to carry out separate food waste collection and now the Council has rolled out its food waste collections across the whole district, adding an additional 30,000 households to the service.

Cllr Judy Leggett, Portfolio Holder for Environmental Excellence, said: "We are pleased and proud to make this investment in our district. As well as reducing harm to the planet and protecting the



environment, this forward-looking step will bring real benefits to our residents. The food waste we collect will be used to generate electricity and as fertiliser for use in farming."

Broadland has the highest recycling rate of any local authority in the County! And with our new food waste recycling drive, we'll be doing even more for our environment.

## Join the recycling revolution!

Last year the Council recycled more than 2,600 tonnes of waste food! But we want to aim bigger. Help us by recycling all your waste food and together we could remove the yearly CO2 equivalent of 54 cars. Don't put your tea bags in the normal bin, put them in your food waste!

## Did you know?

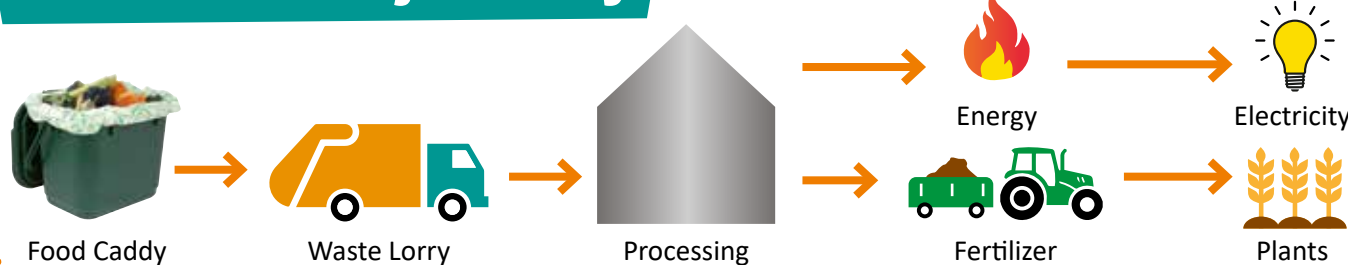
Alongside the roll out of waste food collections the Council has increased recycling options for residents with the introduction of kerbside collections for small electrical items, batteries, and textiles. These new services offer an exciting opportunity for residents to play their part in the recycling revolution and help the Council to protect the environment by recycling as much as possible.

If you want to do your bit to help the environment but you are not sure what goes in which bin, visit our website where you can find the answers.



Scan me

## Food waste journey





# Marriott's Way 10K is a runaway success

MARRIOTT'S WAY

# 10K



**Saffron**  
Housing Trust

**Hundreds of runners took to Marriott's Way in October to take part in Broadland District Council's annual 10K race, sponsored by Saffron Housing.**

Chairman of Broadland District Council, Cllr John Fisher presented the trophies, saying: "Keeping fit and healthy is really important and it is also fun. This is the 14th running of our 10K race, which is a firm favourite in the calendar for many runners in Norfolk and beyond."

"We had a great turn out and it was fantastic to see so many smiling faces at the end. I would like to congratulate all of our runners and give a huge thanks to our sponsors Saffron Housing, our staff and to the volunteers who helped marshal the event."

Participants set off from Aylsham with the race finishing in the historic Reepham Market Place, where spectators cheered all 276 runners over the finish line. Runners of all ages and abilities enjoyed the run, with many commenting on the enthusiasm and encouragement they received from the marshals on the course. There was also a huge cheer for the last runner over the line, still competing at the age of 73.

The overall winner was Joshua Holman in a time of 33.28 minutes, which was a stunning course record. Businesses and organisations also got involved taking up the MW10K Corporate Challenge, which was won by the team from Aviva.

James Francis, CEO at Saffron Housing, said: "We are delighted to have sponsored Marriott's Way 10K for the second year. The race is a great opportunity for people



to challenge themselves, achieve their personal best or simply have some fun. It was a pleasure for the Saffron Housing team to participate and be part of the really strong community feel that the event creates."

For information on this year's winners visit our website.



Scan me







## Award Winner!

### A converted grain store in Reepham, the Blue Sky Barn has won Broadland District Council's Enhancement Award.

Owner Luke Hawes was delighted to receive this prestigious award.

Cllr Karen Vincent, Chair of the Awards Panel, said: "What Luke has achieved by converting this old agricultural building into a beautiful four bedroom home is tremendous. It is a great example of modern style and elegance. The building is sympathetic to its rural surroundings and retains the wonderful agricultural character."

The Awards Panel were also impressed with the energy efficiency of the building with use of a ground source heat pump to generate energy and the triple-glazed windows to provide insulation. The conversion has created a modern sustainable home whilst retaining the original structure, blending in fantastically to its street scene and rural surroundings, including the adjacent medieval church.

The simple vertical pattern of metal and timber louvres wraps the building, revealing

double-height glass, permitting uninterrupted views of the church, the meadows and the large blue Norfolk skies beyond as well as from skylights within the building.

Another grand design that attracted the Panel's attention was a prominent building on Aylsham's Market Place that has recently undergone a complete renovation.

The Ironmongers, formally known as Clarkes, was Highly Commended by the judges.

Farmer Tim Briscoe has now reopened the building, housing the popular artisan bakery Bread Source, a new tapas and cocktail

bar, and is soon to open a pizza and wine bar. Upstairs has also been transformed into a boutique hotel with eight individual bedrooms all with ensembles.

Cllr Vincent told us: "This building was in a very poor condition and the transformation is phenomenal. It has been beautifully and sympathetically restored and has retained its wonderful charm, we were particularly impressed with the creative use of original materials from within the building. Tim and his team have worked hard to restore this building and this renovation will ensure it continues to be an important and vibrant part of the town for many years to come."



# Let's celebrate a Love Local Christmas



This year we invite you to 'Love Local, Spend Local' for a wonderful Christmas. There are so many good reasons for shopping local, starting with the fact that it's fun and, best of all, you never know what you will find.



Another bonus is that when you buy a gift from a local independent shop or business you're doing something extra special. Not only are you buying personal and thoughtful gifts, you're also giving our amazing local businesses the highly-valued income they need.

Did you know, if every adult in Broadland chose to spend an extra £10 with local businesses during the Christmas period, collectively we would add approximately £1m to our local economy. It's one simple action that makes a big difference to independent businesses and local jobs!

So what could you find? Everything from treats to the practical to the unusual and there's no need to break the bank.

For your Christmas feast, pop into your local butcher and greengrocer as they'll have tasty locally-sourced food and give you excellent cooking advice if you need it. Your crunchy roast potatoes will taste all the better for knowing that they were grown not far from your table! Then into chocolate and sweet shops for treats, bakeries for fresh crusty bread and farm shops for iced Christmas cakes and hamper goodies. Don't forget our local brewers, who make the most delicious gins and beers.

While you're enjoying yourself dipping in and out of shops, you

could also make time to meet up with friends for a catch up in the local tearooms, restaurants or the pub.

You know Christmas is really happening when you wrap up warm and choose the perfect tree at your local garden centre or tree plantation. Don't forget, garden centres, plant shops, florists and interiors shops, are also perfect places for Christmas decoration inspiration and spotting presents for all the gardeners and interior decorators in your life.





# Fantastic festive flavours in Broadland!

This Christmas treat yourself, friends and family to some wonderful food and drink from our local producers. This is the perfect time of year to try something new and show our local businesses just how much we appreciate their hard work and what they do. Here are some examples of what's on offer in Broadland.



The multi-award winning **Candi's Chutney** in Reepham is a family-run business that is passionate about their handcrafted chutneys, always using the freshest ingredients in their steak sauces, and relishes. Check out their delicious range of local produce at: [www.candiscupboard.com](http://www.candiscupboard.com)



**Panther Brewery** is an award-winning microbrewery in Reepham that brews real ale using locally-sourced ingredients. Their flavours are unique and modern. Their 13 types of real ale provide great variety, from sweet and fruity to a kick of ginger. Buy some today at: [www.pantherbrewery.co.uk](http://www.pantherbrewery.co.uk)



**Crush Foods** in Salle creates an amazing variety of delicious artisan food and drink, all produced locally. From cereals and sauces to cookies and chocolate, Crush Foods is proud to offer delicious local products at great prices. Find out more at: [www.crush-foods.com](http://www.crush-foods.com)



**The Goat Shed Farm Shop** in Honingham stocks a wonderful range of fresh local produce and artisan products. Visit their café where their kitchen uses the best ingredients to serve delicious local food inspired by the seasons. Find out more at: [www.fieldingcottage.co.uk](http://www.fieldingcottage.co.uk)



**Norfolk Raider Cider**, based at White House Farm in Rackheath, is run by husband and wife team Paul and Beth Cork. Based on a family recipe and made with local apples, this cider comes in a variety of delicious flavours and continues to grow in popularity. Choose a tipple at: [www.norfolkraidercider.co.uk](http://www.norfolkraidercider.co.uk)



Ben Andrew at **The One Food Company** in Reepham, strives to create healthy sauces that kids and adults enjoy. They are dedicated to producing satisfying and balanced table sauces, which are available all over Norfolk and Suffolk. Check out their full range at: [www.theone-foodcompany.co.uk](http://www.theone-foodcompany.co.uk)



## All aboard the BVR!

Work has begun to enhance and upgrade the Bure Valley Path which is a vital 'Gateway to the Broads'.

The route is an important entry point for visitors to the largest protected wetland in the UK and the improvements to the path will benefit walkers and cyclists who can enjoy this rural trail that runs parallel to the Bure Valley Railway heritage line.

The path has been widened and resurfaced to make it more accessible for all users and a new ramp has been added to help those needing level, stair-free access.

The trails will also have new outdoor furniture and accessible picnic benches to allow visitors to experience the wonders of the natural environment and enjoy the passing, spectacular steam trains.

After Christmas (27 December to 3 January), there are the Mince Pie Specials. Enjoy a festive train ride from either Aylsham or Wroxham and receive a free warm mince pie in the Whistlestop Café.

Book online at [www.bvrw.co.uk](http://www.bvrw.co.uk) or Tel: 01263 733858.

## Broadland has golden paws

The RSPCA has awarded Broadland District Council's stray dog service its top tier GOLD Paw Prints Award. This is for the outstanding service provided, and the loving care and help given to all the dogs throughout last year. We're proud that



our commitment to putting animal welfare first, reducing long-term straying and providing help, education and advice, to owners is working.

## We saved you 27% on solar prices!

With current energy prices increasing, now is the perfect time to move to solar energy. Our partnership with independent experts, iChoosr has allowed us to provide a fantastic opportunity to our residents for them to make the transition to clean energy, allowing our residents to access a competitive offer from a trusted and vetted solar provider.

A total of 1,345 households across Broadland registered for either Solar or Battery Storage via the bulk buying scheme and it is amazing to see such a positive response from our residents.

The Council backs the Solar Together scheme to help those wanting to reduce energy bills and their carbon emissions through the power of collective buying.

The average discount achieved in the recent Solar Together was 27% compared to the typical market price.

## Broadland celebrates local food businesses

Broadland District Council was delighted to sponsor the VIP Reception at the 2022 Local Flavours.

This is the biggest food trade event in East Anglia connecting over 100 producers with buyers.

Cllr Jo Copplestone, Portfolio Holder for Economic Development, said, "We are very lucky to have Local Flavours on our doorstep and we are delighted to be here to share the business growth support available at the newly completed Broadland Food Innovation Centre. The Council is committed to helping growing businesses, which is essential for our local economy and creating job opportunities."

[www.foodinnovationbroadland.com](http://www.foodinnovationbroadland.com)







# Community at Heart awards



**Our Broadland Community at Heart Awards is where we recognise and celebrate incredible acts of kindness and outstanding achievements by the residents of Broadland.**

We heard incredible stories of individuals and groups who had gone above and beyond to help and support others in their community. Selfless acts from outstanding people who are an example to us all and a credit to Broadland.

Council Leader, Cllr Shaun Vincent said: "I would like to offer my heartfelt congratulations to you all. Make no mistake, all of you deserve recognition and we, as a community, are honoured by having such fantastic residents. Thank you for everything you do. I would also like to thank our sponsors, Clarion Futures."

Council Chairman, Councillor John Fisher said: "As Chairman, I had the tremendous honour of forming part of the judging panel this year.

"I was blown away by the kindness and community spirit that all of the nominees here tonight have shown to their fellow residents.

"I'm very excited to be able to put faces to the names involved in these incredible stories. You should all feel tremendous pride for the wonderful work and actions that have led to you being nominated for tonight's awards."

Broadland District Council has its community at the heart of everything it does and at a time when cost of living increases mean that even more people need help the Council works hard to make sure that everyone who needs a helping hand gets the help they need at a time when it will make the most difference. No one is forgotten or overlooked.

*Continued on the next page*





Ivor Rickwood - Inspiration of the Year Award



Tegan Brown - Young Person of the Year

The Council has pride in our district, in our people and also in the rich history that makes Broadland one of the best districts in the country.

The **Inspiration of the Year** award went to a very well deserving champion, Ivor Rickwood.

Ivor has selflessly given his time and expertise to helping people in his community. At nearly 90 he is still actively volunteering. Ivor's positive energy improves the quality of life of anyone who is blessed to speak with him.

Our **Young Hero Award** goes to the incredible Tegan Brown.

12 year old Tegan is a young carer to her three autistic brothers. She helps her father, who has serious PTSD, and her mother, who has had several operations for a brain tumour. Her family is extremely lucky to have such a young hero.

Our **Community Hero Award** this year goes to Stacy Bradley.

Stacy has launched the hugely important "Safe at Home" initiative, uniting women against domestic abuse. Stacy has also been providing self-defence classes for women and girls.

The crown for **Business in the Community** award goes to Broom Boats.

Broom Boats has helped the community of Brundall by opening a café, a service stop for boaters, taking on a pub, allowing locals access to the waterways and providing Brundall Men's Shed a home.

Our **Green at Heart Award** has gone to the green-fingered Becky Rolf.

Hevingham now has allotments it can boast about. With a community involved in a friendly exchange of tips, tricks and seeds. Becky has also raised funds for a public garden.



Broom Boats - Business in the Community Award



Brundall Men's Shed - Community Group of the Year





Rebecca Rolf - Green at Heart Award



Special Recognition Award  
Maisie Lossau (presented to her parents)

The accolade of **Community Group of the Year** has been awarded to the brilliant Brundall Men's Shed.

The Brundall Men's Shed connects manually-minded people in a skills exchange, where people share their expertise from woodworking to electronics and most importantly their time with one another.

Our **Volunteer of the Year** goes to a very worthy winner Jeanette Overton.

Jeanette has been a backbone to the community of Reepham for over 30 years, keeping it clean and tidy and by providing a mini-bus service to residents. In 1991 she set up the Reepham Patient Care Fund providing mobility equipment and social welfare support.

This year's **Helping Hand Award** has found a well-earned home in Su Allport.

Su has a talent at directing people in need to the right places and people and immersing herself in as many community groups as possible.



Stacy Bradley - Community Hero Award



Su Allport - Helping Hand Award

Jeannette Overton -  
Volunteer of the Year

**We would like to thank our sponsors Clarion Futures.**

Yvonne Ogden, Neighbourhood Investment Manager at Clarion Futures, said: "We're delighted to be sponsoring Broadland's Community at Heart Awards which celebrate the contributions and achievements of individuals, businesses and community groups across Broadland. Community spirit and support has been more important than ever during the last couple of years and it's great to see local residents being recognised for the difference they are making."

**Community at Heart  
Awards sponsors**



VATTENFALL





Broadland

Community  
at heart

Awards 2022

Celebrating our  
winners and nominees



# Keep warm this winter

**The health and wellbeing of our residents is a priority for the Council and we are helping our most vulnerable residents to heat their homes more efficiently, keeping them safe and warm while saving them money.**

Portfolio Holder, Cllr Fran Whymark said: "The Norfolk Warm Homes Partnership, led by Broadland District Council, is providing financial assistance to our residents to help keep homes warm across Norfolk this winter.

"We are actively looking to help people living in houses with poor, inefficient electrical heating, such as old storage heaters and plug-in radiators, that could benefit from a new more efficient central heating system."

One of our residents, David, lives in a three bedroom detached bungalow which had a very old and inefficient oil back boiler. Having been advised by his heating engineer that "it was hard to get parts for and that the boiler may not last through the next winter", he started to look at his options.

David explained: "My son told me about the Norfolk Warm Homes project that he had seen online, to help install insulation and renewable heating, so I looked into it and to my surprise I was

eligible for funding as I have an income of less than £30,000".

"I applied and just weeks later I had an oil leak from the old back boiler which meant it was going to have to be replaced, costing me thousands of pounds so when the Warm Homes Team said they could fully fund an air source heat pump I jumped at the opportunity".

As part of the application process the Norfolk Warm Homes Team arranged for their vetted contractors to assess David's property: "I didn't have a clue what energy rating my property would be as I have been here since the 1970's so when the assessor came around I was glad to hear it was well insulated with cavity wall and loft insulation. Having also upgraded my

windows to double glazing some time ago, the heating engineer that visited said my property would be very suitable for an air source heat pump".

Once the survey was complete and the quotation was sent for the Warm Homes for review, David received an approval, awarding a grant to cover the complete cost of works.

David has now had his air source heat pump since November and says that "I no longer have to worry about remembering to save up and order heating oil as the air source heat pump uses electricity so it is just the one monthly bill now, and I have a lovely new heating system to keep me warm. I even turned down the thermostat after a few weeks as it was so warm".

Now that the air source heat pump has been installed, the energy performance certificate rating (EPC) has increased to C. Because air source heat pumps are a sustainable heating type, David's property now saves 3.4 tonnes of carbon per year.

To find out if you are eligible for a grant visit [www.norfolkwarmhomes.org.uk](http://www.norfolkwarmhomes.org.uk)



# Taking action to support our communities

We understand that many people may be struggling to cope with the rising cost of living. If you are concerned – please take a look at some of the support we have available.



## Council Tax Assistance

People on low incomes may be eligible for Council Tax Assistance. Other Council Tax bill reductions include the Single Person Discount and the Discretionary Council Tax relief scheme which is available to anyone who is struggling and you don't have to be in receipt of benefits.

## Housing costs

If you are of working age and on a low income you may be able to receive help with the cost of rent by applying for Universal Credit or Housing Benefit for certain properties. If you already receive Universal Credit, help with rent should already be included.

People of pension-age or on a low income may be entitled to Housing Benefit. Housing Benefit is available to social and private renters.

If you receive Universal Credit or Housing Benefit and this does not cover your full rent, you can apply to us for a Discretionary Housing Payment.

## Mortgage interest payments or loans

If you're a homeowner on qualifying benefits, you might be able to get help towards interest payments on your mortgage or loans you've taken out for certain repairs and improvements to your home. Get in touch with our Help Hub team to find out more.

## Benefits, debt and budgeting support

If you're of working age and on a low income you may be eligible for Universal Credit and other help. Our Benefits Team can help you access the money available to you. Similarly, our Help Hub can offer debt and budgeting support to those who need it.

## Energy debts grants

If you're in debt to your energy supplier you might be able to get a grant to help pay it off.

Citizens Advice has created a list of grants offered by energy providers to their customers. Even if your provider isn't listed you may be eligible for a grant from the British Gas Energy Trust. These grants are available to anyone – not just British Gas customers.

## Winter fuel payment

If you were born on or before 25 September 1956, you could get between £250 and £600 to help pay your heating bills. The amount you'll get includes your 'pensioner cost of living payment'. This is between £150 and £300. You'll only get this extra amount from winter 2022 to 2023. This is in addition to any cost-of-living payment you get with your benefit or tax credits.





## Warm spaces

We're working with Norfolk Community Foundation and local communities to create a network of warm spaces where residents can come together to stay warm and enjoy a cup of tea and access advice if needed.

Warm space locations can be found through our Help Hub team or via our website.

## Foodbanks

If you are on a low income and have an unexpected crisis or an emergency that means you cannot afford food, we may be able to help by referring you to a foodbank, just get in touch via our Help Hub.

## Free school meals

If you are in receipt of certain benefits your child may be entitled to free school meals.

School children who are eligible are entitled to a daily two-course meal which could be worth up to £400 a year.

Free School Meals can be applied for through Norfolk County Council.

If you would like help accessing any of the support available, please get in touch with our Help Hub on: 01603 430431 or by email at: [helphub@southnorfolkandbroadland.gov.uk](mailto:helphub@southnorfolkandbroadland.gov.uk) or visit our website.



Scan me



## We need you

Thank you to our residents who have already opened their homes to guests from Ukraine.

We are still looking for potential hosts who:

- can support families with children
- have two or more bedrooms available in their homes
- or have self-contained 'annexes'
- or properties to let
- and who are located in market towns or on the margins of the city

If you can help please contact [www.southnorfolkandbroadland.gov.uk/communities/ukraine](http://www.southnorfolkandbroadland.gov.uk/communities/ukraine)



## Curious about fostering?

\* Request an information pack today

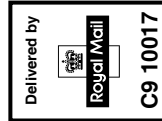
Call 01603 306649  
[norfolk.gov.uk/fostering](http://norfolk.gov.uk/fostering)



Norfolk County Council

To advertise  
your business in  
**Broadland** news

Please call  
**01603 431133**



If this item is undelivered or for postal address:  
Broadland District Council, Thorpe Lodge, 1 Yarmouth Rd, Norwich NR7 0DU

# GUTTER FORCE

TAKING CLEANING TO A HIGHER LEVEL

## RESIDENTIAL & COMMERCIAL VACUUM GUTTER CLEANING

GUTTERS • FASCIAS

CONSERVATORY  
CLEANING

EXTERIOR CLEANING

CAMERA SURVEYS

FULL MAINTENANCE,  
REPLACEMENT AND  
REPAIR SERVICE

SAFE • EFFICIENT • PROFESSIONAL

- CAMERA SURVEY OF GUTTERS BEFORE AND AFTER
- FRIENDLY LOCAL COMPANY
- NORFOLK TRUSTED TRADER
- FREE QUOTES - NO OBLIGATION



**01508  
490999**

gutter\_force

[www.gutter-force.co.uk](http://www.gutter-force.co.uk)

# WE ARE HIRING!

To view and apply for our current vacancies please visit  
[www.southnorfolkandbroadland.gov.uk/WhyWorkForUs](http://www.southnorfolkandbroadland.gov.uk/WhyWorkForUs),  
or simply scan the QR code

Two Councils  
One Team