

Minutes of a meeting of the **Wellbeing Panel** held at Thorpe Lodge, 1 Yarmouth Road, Thorpe St Andrew, Norwich on **Monday 8 October 2018** at **5:30pm** when there were present:

Mr R R Foulger – Chairman

Mr D Buck

Ms S J Catchpole

Mrs J Leggett

Miss S Lawn

In attendance were the Deputy Chief Executive, the Interim Head of Housing and Environmental Services, the Housing, Health and Partnerships Officer, the Emergency Planning Manager and the Committee Officer (DM).

Also present were Emma Rush – Facilitator for the Broadland Youth Advisory Board and five Young Commissioners.

### 10 DECLARATIONS OF INTEREST UNDER PROCEDURAL RULE NO 8

Mr Buck	18 – Community at Heart Update	Local Choice – non-Pecuniary – Member of Hellesdon Parish Council and involved in their Grow Your Community Project
Mrs Leggett	13 – Youth Advisory Board – General Update, Survey Results and Action Plan	Local Choice – non-Pecuniary – Broadland's representative on the Adult Youth Advisory Board

### 11 APOLOGIES FOR ABSENCE

Apologies for absence were received from Mr N C Shaw, Mr D C Ward and Mr F Whymark.

### 12 MINUTES

The Minutes of the meeting held on 18 June 2018 were confirmed as a correct record and signed by the Chairman.

Minute no: 5 – Health and Wellbeing Update

A Member asked if any further information was available regarding educational attainment for vulnerable groups and the Housing, Health and Partnerships Officer undertook to investigate further.

### 13 YOUTH ADVISORY BOARD – GENERAL UPDATE, SURVEY RESULTS AND ACTION PLAN

Members received a presentation from Emma Rush and five Young Commissioners from the Youth Advisory Board on the work and activities of the Board and the Young Commissioners. The Young Commissioners reported that they had attended training events to help develop their confidence to stand-up and speak-up for themselves; they had attended a residential event and taken part in a wide-range of activities learning new skills. They had visited the Houses of Parliament and held a joint social event with other Youth Advisory Boards.

With regard to the survey results, the top themes emerging as young peoples' priorities were: bullying, smoking/drugs/alcohol, lack of activities, confidence and mental health. Work had now begun to develop activities to link with these key areas. With regard to bullying for example, it was hoped a county-wide approach might be developed, involving schools and perhaps with Young Commissioners contributing to the development of policies, which young people felt, would help address bullying. Other activities included lobbying, particularly in relation to smoking/drugs/alcohol, and commissioning a programme to help identify the gaps in provision of youth clubs/facilities. Another area of activity had focussed on designing a project to support young people with low self-esteem, using resources such as mindfulness and yoga. Using funding from Public Health and some match funding, a cookery class project was also being developed and work was underway with Leeway to provide support for young people affected by domestic violence.

Members congratulated the Young Commissioners on their hard work and a busy schedule of activities.

In response to a comment about the lack of youth club / facilities for young people in the Drayton/Taverham area, it was noted that the survey being commissioned by the YAB would review current provision and help identify any shortfalls.

Members and the Young Commissioners then discussed the issue of how to get the message out to young people about activities, events and facilities that might be of interest to them. It was important to ensure that the methods used to share information were appealing to young people otherwise they would not use them. Most wanted information available by social media but the issue was the range of different platforms used. A useful exercise would be to survey young people to ask how they would like to receive information. The YAB did have its own website and some resources were dedicated to maintaining but it was an ongoing challenge and the web site was not greatly used. It was suggested there might be scope for the YAB to utilise Council supported social media such as the tots2teens website and the Interim Head of Housing and Environmental Services undertook to raise this matter with the Council's Communications Manager to explore options for helping the YAB to raise its profile and promote activities and events.

### 14 BROADLAND RESILIENCE UPDATE

Members received an update from the Emergency Planning Manager. He echoed the issues facing the YAB regarding communication and how difficult it was to share information in a way which was appealing to the majority of people. It was particularly difficult to reach young people to engage them in community activities. A range of different websites / apps / social platforms had been trialled but often ended up remaining dormant and little used. The key was to try to work out where people look for information in the event of an incident. Communities were often directed to the local radio but this was unlikely to appeal to young people. The Young Commissioners present confirmed they would probably look to their favourite platform on social media but were likely to each have different preferences.

With the winter months approaching, the Emergency Planning Officer commented that work had started to encourage parishes to put plans in place to deal with the demands of the winter. Power failure was a current area of interest as the level of risk of power failure as a result of extreme weather or a cyber-attack was increasing.

The Emergency Planning Officer stated that he would welcome the opportunity to work with the Youth Advisory Board to look at ways of facilitating young peoples' involvement in community resilience.

#### **RESOLVED**

to note the report

***[Mrs Leggett left the meeting at this point and the Panel was inquorate. Members agreed to continue as an informal meeting.]***

### 15 HEALTH AND WELLBEING BOARD – NORFOLK AND WAVENEY – OUR JOINT HEALTH AND WELLBEING STRATEGY 2018 – 22

Members considered the report inviting the Panel to consider taking an active role in the Health and Wellbeing Board – Norfolk Joint Health and Wellbeing Strategy 2018 – 2022 and recommending to Cabinet that the Council formally sign up to the Strategy.

The Health and Wellbeing Board Strategy Priorities were inequalities, prioritising prevention and integrated working. A number of challenges had been identified and strategies proposed to address these. Although the strategy was being developed as a countywide initiative, there was a fundamental role for district councils in its preparation and implementation. Representatives from the district councils had met to formulate their priorities for action and the key theme of Homes and Health had emerged with three

key areas: warm and healthy homes, integrated locality working with multi-disciplinary teams, and improved discharge from hospital.

The Chairman commented that the opportunity for the district council representatives on the Health and Wellbeing Board to get together with other members of the Board had been invaluable in raising awareness of what the districts were doing. Communications had improved considerably and a desire to achieve clear routes for tackling current health issues and understanding who did what. District Councils had a significant role to play in the health and wellbeing of communities.

It was agreed to take an active role in the Health and Wellbeing Board – Norfolk Joint Health and Wellbeing Strategy 2018 – 2022 and to **RECOMMEND CABINET** to formally sign up to the Strategy.

### **16 SOCIAL PRESCRIBING AND SOCIAL ISOLATION SERVICES IN BROADLAND**

The Housing, Health and Partnerships Officer reminded Members that social prescribing and social isolation were both services commissioned by Norfolk County Council by way of a collaboration of interested parties.

With regard to social prescribing, the service covered the Norwich Clinical Commissioning Group and entire Broadland District area and, in the first month, the commissioned service had received 67 referrals, the majority of these involving welfare benefits and isolation. Support given as part of the service was provided by way of five different organisations sitting under the umbrella of the Norfolk Community Advice Network. The largest group of service users accessing support was the over 65s and the second highest was the 18-25 age group. Evidence suggested they were at a high risk of social isolation. Initial thoughts were that the commissioned services would be hosted within GP surgeries but most of the referrals were being received via other means. The capacity for referrals had been estimated at approximately 3500 but this might need reducing.

With regard to social isolation services, these were commissioned by the County Council and funded through the supporting people budget. The aim was to provide 1-1 support, identify local community groups and volunteers and build community capacity. Services in Broadland were currently provided by two different organisations split on Clinical Commissioning Group boundaries but the aim was to have one single access point / contact number for all users. Members of the public would be able to self-refer into the service. Staff from both providers would be represented in the Broadland Help Hub.

Members welcomed the update report and noted the progress being made.

### **17 TRANSFORMING CHILDREN'S CENTRE SERVICES – NORFOLK COUNTY COUNCIL**

The County Council had launched proposals for a new early childhood family service and a consultation on the proposals was taking place ending on 12 November 2018. Members considered a briefing paper setting out the proposed aims of the new service. Current children's centre contracts were due to come to an end in September 2018. Nearly a quarter of families in greatest need were not currently accessing services at the present time and the plan was to change this by developing a new outreach model getting services out to the communities and to homes. There was also a need to achieve savings in costs. The new service would see the closure of 53 of the current children's centres and the retention of 7. In Broadland this would equate to the loss of 7 centres but the retention of the Drayton / Taverham centre.

Officers were preparing the Council's response to the consultation and invited Members' views. A number of concerns were raised about the loss of the centres and the impact of this on vulnerable families. Many families relied on the centres for social interaction and were unlikely to seek home visits or access support via the proposed on-line service. It was felt there were many questions which need to be considered and answered about the proposals. Officers undertook to circulate the full consultation document to all Members to enable them to formulate a Council response to the questionnaire. In particular, ward Members for the areas where centres were due to close were urged to respond to the consultation.

### **18 COMMUNITY AT HEART**

Members received and noted the report of the Community Projects Officer on work undertaken to date.

### **19 FUTURE WORK PROGRAMME**

- Supported Housing/Housing with Care – December 2018
- Active Norfolk – Broadland Locality Plan – Update
- Early Intervention and Community Safety – annual report to Overview and Scrutiny – March/April 2019

### **20 ANY OTHER BUSINESS**

None raised.

### **21 FUTURE MEETING DATES**

The dates of future meetings were 3 December 2018, 28 January 2019 and 1 April 2019. At the request of the Chairman, the date of the 3 December meeting was changed to 10 December 2018.

*The meeting closed at 7:00pm*