Minutes of a meeting of the **Wellbeing Panel** held at Thorpe Lodge, 1 Yarmouth Road, Thorpe St Andrew, Norwich on **Monday 18 June 2018** at **5:30pm** when there were present:

Mr A J Proctor – Chairman

Mr D Buck Mrs J Leggett Mr N C Shaw Mr D C Ward

In attendance were the Housing Manager, the Housing, Health and Partnerships Officer and the Committee Officer (DM).

#### 1 DECLARATIONS OF INTEREST UNDER PROCEDURAL RULE NO 8

None.

### 2 APOLOGIES FOR ABSENCE

An apology for absence was received from Miss S Lawn.

### 3 MINUTES

The Minutes of the meeting held on 26 February 2018 were confirmed as a correct record and signed by the Chairman.

Minute no: 36 - Integrated Employment and Health Service

The Housing Manager reported that a report on the proposals had now been considered by the Norfolk Chief Executives and that Broadland had agreed to host a number of personal advisors within its Help Hub. A decision on the application for European funding was still awaited. Officers agreed to circulate a copy of the report to Members.

# 4 BROADLAND HANDYPERSON+ SERVICE UPDATE

Members considered the report reviewing how the Handyperson+ service was being used by Broadland residents and how it was meeting Broadland's objectives. Members welcomed the report and the very positive feedback received about the service. The service was meeting the needs of users and enabling people to stay in their own homes for longer. The focus was on reducing falls and injuries, improving security and improving health and wellbeing. The cost effectiveness of the service was enhanced by the early installation of minor adaptations to prevent issues developing and the need for more significant intervention and users were being encouraged to seek

early help. Members were disappointed that the NHS was still not contributing to the service despite benefiting from savings arising from the prevention of falls and injuries and supported officers' continuing efforts to seek funding from the CCGs. This situation was much the same with regard to the Council's involvement in the District Direct initiative. It was noted that officers were meeting with the Rt Hon Patricia Hewitt later that week and the opportunity would be taken to raise the scheme with her in relation to her work on the Sustainability and Transformation programme for the NHS. Members were supportive of proposals to promote the service and felt that efforts should be made to publicise the success of the scheme and the feedback received and officers agreed to discuss options with the Communications Team. It would also be useful to link up with parishes and other local initiatives, for example the flu clinics in promoting the service and where possible to include in any material, information on helping to avoid falls and trips. Members were also supportive of enhancing the scheme if the opportunity was right. Information regarding the similar service operating in South Norfolk had been requested to examine any options in relation to collaborative working.

Reference was made to a recent press article regarding South Norfolk and Broadland Councils who had been named, alongside 11 other areas nationwide, in a report from the Centre for Progressive Policy (CPP). The two districts were "most likely to see a social care crunch – an elderly population weighing on an underfunded care sector". Officers commented that the CPP had used two parameters to arrive at the conclusions: those authorities with a high level of elderly population and where the hospital was in deficit. Officers confirmed that the Communications Team was currently working on a response to the article.

Subject to the comments above, Members welcomed and noted the recommendations contained in the report and congratulated all officers involved in the delivery of the scheme. A progress report would be made to a future meeting on progress with the scheme including any potential for collaboration with South Norfolk.

### 5 HEALTH AND WELLBEING – UPDATE

Members considered the report, which provided an update on activity over the last 6 months relating to increasing the levels of health and wellbeing of Broadland residents in line with the Council's stated ambition. The report had also been considered by the Overview and Scrutiny Committee. Members welcomed the findings from the Social Mobility Commission in their "State of the Nation" report which saw Broadland ranked 93rd from the top, the highest scoring Norfolk local authority. They also noted the indicators where the Council had been amongst the worst performing. This data would be used to inform future improvement projects. Members noted the reference to concentration of households in the most financially vulnerable decile in

Thorpe St Andrew, Acle and Aylsham, albeit a relatively small number, and asked if there was any scope to address this. Officers made reference to the availability of debt advice from dedicated officers at Broadland which was made available to anyone approaching the Council but options to promote the service could be looked at to ensure those in need were aware of the service. Up to 300 referrals were supported by officers in any one year. With regard to educational attainment for vulnerable groups, it was noted that this was a countywide matter and that funding from the Local Public Health Offer was being utilised to help support work on increasing self-esteem in 11 to 14 year olds. The Youth Advisory Board were also aware of this work.

It was noted that officers were meeting with the Rt Hon Patricia Hewitt later that week when it was hoped to find out more about the Sustainability and Transformation programme.

With regard to social prescribing, it was noted that the living well workers would be in place by July and that work on promoting the service would begin.

With regard to the Daily Mile initiative it was noted that take-up of this project within schools was dependent on a number of factors, including competing demands on the schools' time and existing provision for PE. Members commented that they would welcome more information on this initiative.

In noting the ongoing initiatives promoted by the Council including, Broadly Active, Why Weight, Parkrun and the Marriots Way 10k, Members noted that the Council's initiatives did not currently extend to cover exercise programmes for those leaving hospital. A key element of support for patients leaving hospital was often physiotherapy but concerns were raised about the shortage of physiotherapists and the implications of this.

With regard to feedback for officers on the report, Members requested further information on the Daily Mile initiative and on Cancer prevention / early detection.

### **RESOLVED**

to note the report and feedback the comments above, in particular, Members requested more information on the Daily Mile and on Cancer prevention/early detection.

### 6 SOCIAL PRESCRIBING – UPDATE

This matter was dealt with as part of the Health and Wellbeing report considered at Minute no: 47 above.

### 7 FUTURE WORK PROGRAMME

- Early Intervention and Community Safety Update August 2018
- Youth Advisory Board Survey August 2018
- Health and Wellbeing Policy August 2018
- Supported Housing/Housing with Care December 2018
- Community at Heart
- Broadland Resilience future meeting
- Active Norfolk Broadland Locality Plan Update

#### 8 ANY OTHER BUSINESS

Supported Housing / Housing with Care – in response to a question regarding the shortage of supported housing and care homes providing support for those leaving hospital and any proposals to address the shortages, officers commented that the County Council was currently undertaking a review of the housing with care strategy up to 2036 and also looking at a housing futures project with partners in housing and planning to assist with achieving its ambitions for supported housing for vulnerable groups. Colleagues from a variety of agencies were meeting to discuss how they could more effectively work together in terms of revenue, capital and land over a 20-year period to make up the increasing shortfall of provision. Opportunities were available, including some in Broadland, to develop new provision with potential funding from the Government. Officers agreed to update Members on this matter in 6 months' time.

## 9 DATE OF NEXT MEETING

13 August 2018

The meeting closed at 6:40pm