

Minutes of a meeting of the **Wellbeing Panel** held at Thorpe Lodge, 1 Yarmouth Road, Thorpe St Andrew, Norwich on **Monday 7 October 2019** at **6.30pm** when there were present:

Mr A D Crotch   Mrs S M Prutton   Mr N C Shaw   Mrs L A Starling   Mr D M Thomas

Also in attendance were the Director of People and Communities, Assistant Director of Individuals and Families, the Housing, Health and Partnership Officer, Early Help Hub Manager, Health Living Manager and the Committee Officer (JO).

### **7      APPOINTMENT OF CHAIRMAN**

In the absence of both the Chairman and Vice-Chairman, nominations were sought for the position of Chairman.

#### **RESOLVED**

To appoint Mr Crotch as Chairman for the meeting.

*Mr Crotch in the Chair.*

### **8      APOLOGIES FOR ABSENCE**

Apologies for absence were received from Ms Harpley, Miss Lawn, Mr Murrell and Mr Whymark.

### **9      MINUTES**

The Minutes of the meeting held on 26 June 2019 were confirmed as a correct record and signed by the Chairman.

### **10     SAFEGUARDING CHILDREN, YOUNG PEOPLE AND ADULTS POLICY**

The report proposed that the Panel endorse a joint draft Safeguarding Policy for Broadland and South Norfolk Council, with an implementation date of January 2020.

Members were advised that a unified policy and process for making safeguarding referrals across both Districts would ensure that a consistent approach was taken for the protection of vulnerable individuals.

The new Policy incorporated local and national guidance and best practice and would see frontline officers taking a more active role in escalating cases and non-frontline officers afforded more support from Designated Safeguarding Officers.

This Chairman noted that a joint Policy was essential if the single staff team was to work consistently across both Districts.

### **AGREED**

to note and endorse the joint Safeguarding Policy across two Councils and the proposed timescales for implementation from January 2020.

## **11 HEALTH AND WELLBEING PRIORITIES**

The report recommended that the Council adopt a Health and Wellbeing Strategy, which set out a framework for reducing health inequalities and improving health outcomes for residents.

The Strategy set out the following four priority areas for health and wellbeing:

- 1 Frailty and Falls
- 2 Employment and Aspirations
- 3 Activity and Healthy Lifestyle
- 4 Mental Wellbeing

In response to a query regarding helping people with disabilities gain employment, the Healthy Living Manager confirmed that the Council worked in partnership with Norfolk County Council to deliver the employment and aspirations element of the Strategy.

A Member suggested that Norfolk and Suffolk Foundation Trust be added as a health and wellbeing partner of the Council. He also reminded Members of the distinction between poor mental health and mental illness.

In response, the Healthy Living Manager confirmed that the Norfolk and Suffolk Foundation Trust be added as strategic partner, although she emphasised that the Council's role was in the promotion of mental wellbeing, rather than the treatment of acute mental illness.

### **RECOMMENDED TO CABINET**

to endorse and adopt the Health and Wellbeing Strategy and priorities and support its delivery.

### **12 FUTURE MEETING DATES**

Members noted the following forthcoming Panel meeting dates:

20 November 2019

26 February 2020

29 April 2020.

*The meeting closed at 6.51 pm.*