

Reepham Reaches Out



World Café Report 2024

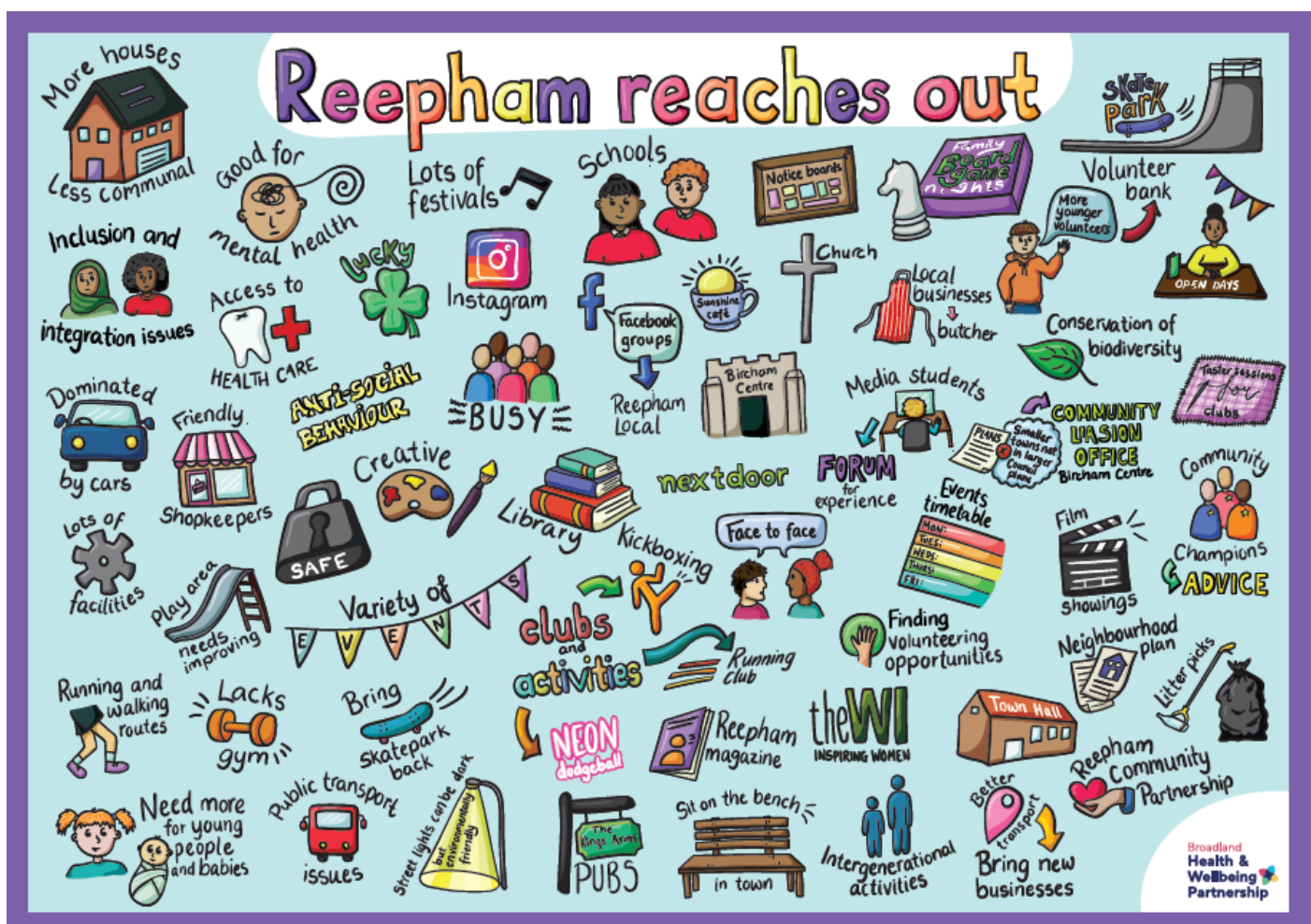


Funded by
UK Government

Broadland
Health &
Wellbeing
Partnership



Introduction



The Broadland Health and Wellbeing Partnership brings together a range of partners to improve the health and wellbeing of the local population, prioritising prevention and addressing health inequalities. The Partnership is engaging with and involving community members in its work to ensure that the support provided meets the community's needs.

As part of its efforts, the Partnership is launching World Cafés to foster open dialogue within the community. These World Cafés offer a welcoming and creative space where people can come together to share ideas and develop solutions to mutual challenges.

With funding from the UK Government and Broadland District Council through the UK Shared Prosperity Fund the Partnership commissioned Mutual Gain to deliver training on the World Café methodology and to facilitate the first event in the district. The Partnership chose Reepham as the first location. This was due to a range of factors including data

analysis which identified it as a priority area due to health and wellbeing outcomes and its rural nature.

The Event

Question 1: What does it feel like to live or visit Reepham and the surrounding area?

Question 3: How could we grow a more connected community?



The feedback from participants was very positive: 100% felt better connected to the community, 99% said they would attend another World Café, and 1% said they might. Attendees were impressed with the organisation of the event and many really enjoyed the experience commenting *“Very well organised and delivered”* and *“It was useful and interesting”*. One participant noted there were *“Clear outcomes/next steps”*. There were some suggestions for future events including more promotion outside of social media and encouraging young people to attend.

Methodology

All data collected at the World Café was added to a spreadsheet. The data was run through ChatGPT to analyse it, an Artificial Intelligence (AI) chatbot with natural language processing (NLP) that allows you to have human-like conversations to complete various tasks. The output produced was then checked by a team to alter errors and misinterpretations. This was used as a basis to write the report, amending as necessary to ensure all data was represented correctly.

Executive Summary

The Broadland Health and Wellbeing Partnership is dedicated to improving the health and wellbeing of the local population by prioritising prevention and addressing health inequalities. The Partnership is seeking to engage with community members to ensure that its work is aligned with and supporting their needs.

The Partnership has introduced World Cafés to foster open dialogue within the community. These events create a welcoming and creative space where individuals can come together to share ideas and develop solutions to common challenges. The first World Cafe in the District took place on 30th September 2024 at Reepham College, with 26 community members in attendance. Participants engaged in discussions facilitated in small groups,

focusing on three key questions. Their thoughts and ideas were captured on tablecloths, later categorised into themes to compile this summary report.

Key Findings

1. **Community and Social Life:** Reepham is characterised by a strong sense of community where residents feel safe and supported. The town's welcoming nature is highly valued, though newcomers may initially find it challenging to integrate. Events like the Reepham Festival play a significant role in fostering community spirit and social opportunities.
2. **Facilities and Amenities:** The town has excellent facilities for its size, including a well-regarded school, essential amenities, and recreational opportunities. However, there is a notable absence of a local gym and additional clubs. Some felt there was an opportunity to better connect and utilise venues.
3. **Children and Young People:** While Reepham is considered a safe and welcoming place for families, there is a noticeable lack of facilities and activities for teenagers. This shortage leads to informal gatherings in places like the Co-op. Participants expressed a desire for more structured social spaces and diverse options for young people.
4. **Transport and Accessibility:** Limited and unreliable bus services contribute to feelings of isolation among residents. The lack of frequent buses, especially to Norwich, affects everyone from young people and job seekers to non-drivers and the elderly. Improved transport links would better connect Reepham's residents and visitors.
5. **Challenges and Change:** Several challenges were raised including antisocial behaviour and limited infrastructure. The voluntary sector, though active, is increasingly stretched, highlighting the need for more volunteers to sustain community activities.
6. **Natural Environment and Rural Living:** Reepham's natural beauty and connection to the countryside are treasured aspects of life in the town. The rural lifestyle is enhanced by the town's balance of countryside charm and essential amenities.

However, there are concerns about the impact of infrastructure projects on the natural landscape.

Conclusion

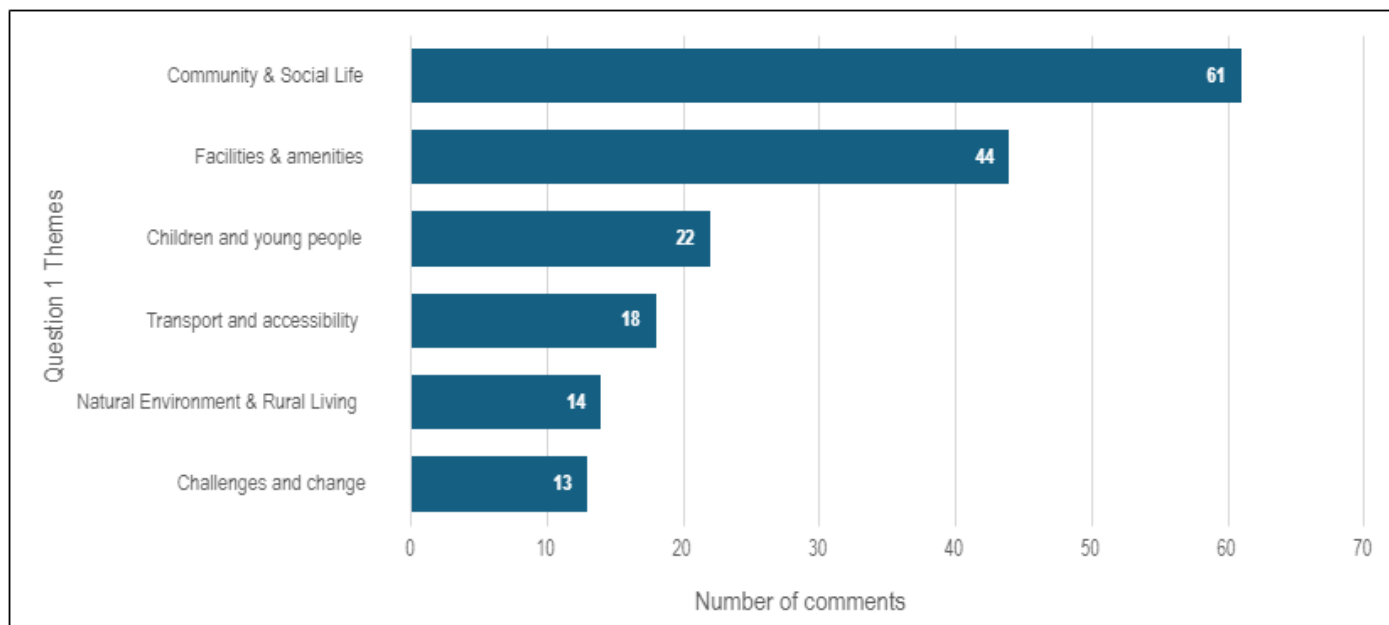
The World Café was a successful engagement event highlighting both the strengths and areas for improvement within Reepham. The town is known for its strong community spirit and excellent local facilities but faces challenges such as limited youth activities, unreliable public transport, and integration difficulties for newcomers. Addressing these issues through better communication, enhanced facilities, and improved transport links will help foster a more inclusive and connected community.

The follow-up event on 18th November will further explore the themes identified and develop solutions supported by the Health and Wellbeing Partnership and a range of stakeholders.

The event will be held at Reepham College at 6-8pm. To receive more details please contact healthandwellbeingpartnerships@southnorfolkandbroadland.gov.uk

Question 1: What does it feel like to live or visit Reepham and the surrounding area?

There were 172 pieces of data categorised for this question into six themes as displayed in the graph below:



Community and Social Life

Reepham is a welcoming town with a strong sense of community, where people feel safe and supported by neighbours and friends. Participants consistently discussed the warmth of the town, noting that *“everyone says hello”* and that the community is *“looking out for each other.”* This close-knit environment is highly valued, though some described it as occasionally *“suffocating”* because *“everyone knows everyone.”*

Newcomers sometimes find it challenging to integrate and locate activities, one new resident shared that they *“struggled to find out where things are going on,”* which could lead to initial feelings of isolation. Another resident noted *“if you are disabled or a minority group it can be easy to feel like an outsider”*. However, for many these feelings often ease over time as people build friendships through schools and local involvement. Events like the

Reepham Festival play a significant role in bringing people together, reinforcing the town's community spirit and offering opportunities to socialise.

Despite the many activities available, participants still find it difficult to stay informed. For some newcomers and minority groups, integrating into Reepham's established social circles can be challenging, and they may feel excluded. Social media was identified by one participant as an enabling factor for people to *"find they are not alone"*. However, they also acknowledged its role in amplifying voices of a minority.

The town was described as *"self-sufficient,"* with local businesses that *"make the effort to get to know you."* Overall, Reepham is viewed as a *"special place"* that combines rural charm, creativity, and a deep-rooted community spirit, while also facing evolving challenges related to inclusivity and integration.

Facilities and Amenities

Reepham is valued for having *"excellent facilities for a town this size"* including good local conveniences, a well-regarded school, and essential amenities like a GP, shops, and specialist stores, such as the bakery and butchers. *"The pastries from Reepham bakeries are brilliant,"* one local commented.

Reepham also offers recreational opportunities, including ponds for fishing, a swimming pool for hire, and clubs like tennis, football, and neon dodgeball. However, participants mentioned a lack of a local gym, additional clubs, and organised activities and expressed interest in *"bringing back the skate park."* there was much support for the skate park's return though some questioned whether the resources proposed to be spent on its return were proportional to its need.

The town's heritage sites and events, like the Reepham Festival, Town Hall activities, and Whitwell Station, draw both locals and visitors. The Bircham Centre, monthly farmers' market and weekly WI stall add to what the town has to offer, though residents noted that the main market *"did not survive COVID"* and *"feels missed."* Participants thought Reepham was well served for education, commenting *"schools have a good reputation"* and *"their higher education centre is a big draw for families"* allowing students to study locally until 16–18 years old. Although some parents expressed concerns about the long travel times for further education options.

Children & Young People

Reepham is considered a *"safe place to live and good for children,"* and offers a welcoming environment for families, but there is a noticeable lack of facilities and activities for young people, particularly teenagers. Many participants share the following view that *"as children get older then opportunities for socialising are fewer,"* and some teenagers tend to gather in places like the library or outside the Co-op because *"there's nowhere else to go."*

The town lacks key youth amenities, including a skatepark, gym, and youth club, which some feel leaves young people with limited options, especially in the evenings. Public transportation constraints further restrict young people's ability to access activities elsewhere. There was a desire to attract volunteers and community support from a wider group of residents including young people and their families to support activities.

One local remarked on the *"lack of proactivity"* among some young people and families, noting that although they're eager to use services, they may be less willing to contribute time or resources to establish them, which has disappointed some more proactive residents.

Participants expressed interest in creating more structured social spaces, suggesting ideas like *“constructing 4 or 5 pods for young people.”* Community spaces like the *“Field of Joy”* offer activities around gardening and wellbeing, but there is still a strong desire for more diverse options, including baby and toddler groups, which some participants felt are currently lacking.

Transport and Accessibility

Transport options in Reepham are limited, with participants citing an *“unreliable and infrequent bus service”* that makes the town feel *“isolated and sad.”* The lack of frequent buses, especially to Norwich, impacts everyone—from young people and job seekers to non-drivers and the elderly—leaving them with fewer options for commuting or accessing essential services. One resident remarked, *“if you don’t have a car, it can be isolating,”* as there are *“no evening buses”* and no regular weekend service to neighbouring areas.

Parking around schools raised safety concerns, and narrow pavements make walking less accessible. One person felt the town was *“too dominated by cars,”* which discourages cycling and detracts from a sense of walkability. They suggested developing more non-motorised connections, like additional cycle routes in the town similar to Marriott's Way.

The limited options also affect healthcare access, as one person raised there is *“no car scheme for older people,”* which can make reaching appointments challenging. It was mentioned that street lighting is minimal, and although Reepham’s rural atmosphere is valued, the darkness at night can discourage people’s outings.

Overall, there is a strong desire for improved transport, with hopes for *“buses to Norwich once an hour, and at weekends,”* to reduce isolation and better connect Reepham’s residents and visitors.

Challenges and Change

Participants felt Reepham faces several challenges, particularly around antisocial behaviour (ASB) and limited infrastructure. Participants report increased ASB near the recreation ground and the Co-op, including incidents of vandalism and drug use. One person expressed feeling *"besieged"* by recent infrastructure projects like cable routing and solar farms. The town's voluntary sector is active but increasingly stretched, with a constant need for more volunteers to sustain its numerous activities. There were several comments raised about the town council. For example, one comment discussed the town council restricting new developments and businesses without consultation and other comments referred to communication, *"lack of communication within town council meetings, and "polarisation between committees – parish (town) council & Stimpson's Piece causes difficulties"*.

Speeding and poor mobile and Wi-Fi connectivity add to local issues discussed. One newcomer shared that they *"had to drive around in their car"* to maintain a phone signal while speaking to someone, underscoring the limited connectivity in town. A participant suggested that there are also few work opportunities, particularly for young people, with no local apprenticeships available.

Natural Environment and Rural Living

Reepham's natural beauty and connection to the countryside are treasured aspects of life in the town. Participants felt *"lucky"* to have access to green spaces and scenic walking routes like Marriott's Way. One resident even shared that their decision to settle in Reepham was a *"drive-by house buying"* experience, saying they were drawn to the town's *"aesthetic appeal and infrastructure."*

The rural lifestyle is enhanced by Reepham's unique balance of countryside beauty and essential amenities. For many, the town combines *"village lifestyle"* with the *"necessary infrastructure,"* allowing for a quiet, rural life without sacrificing convenience. Everyday

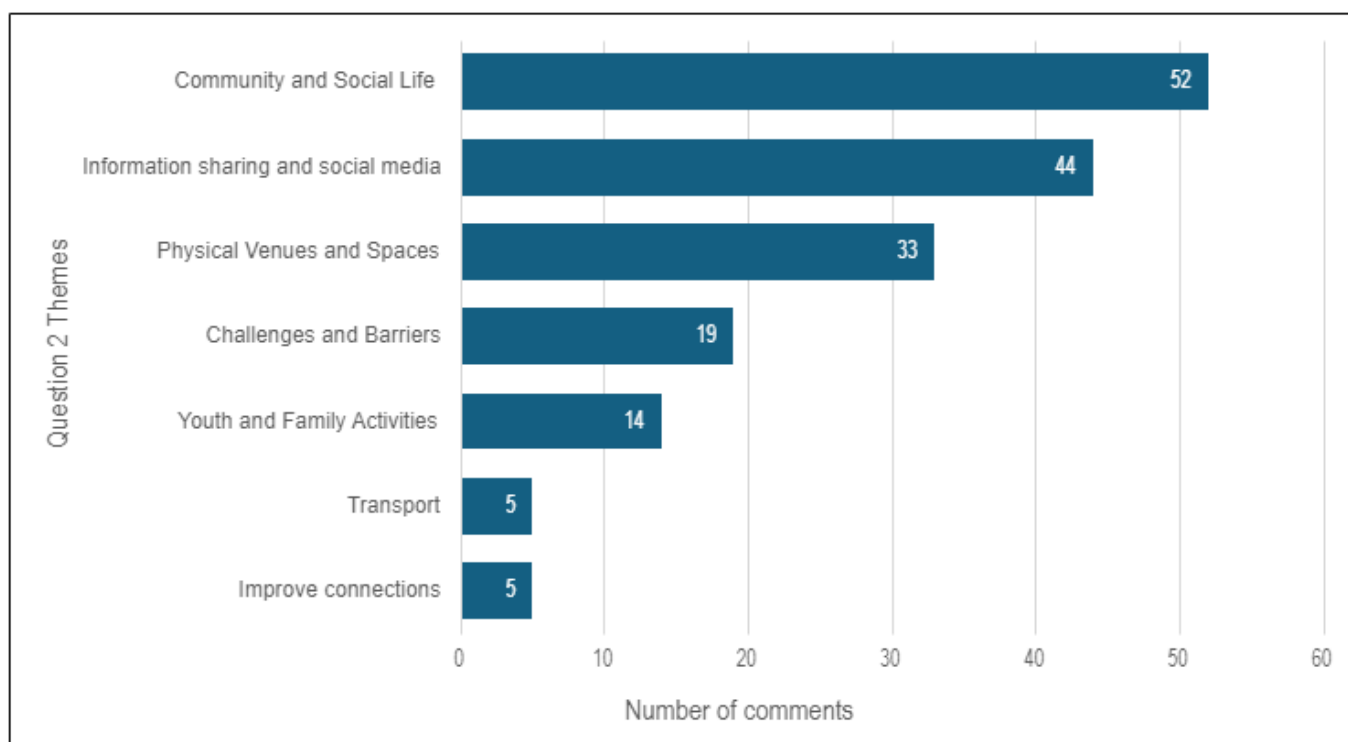
sights like horses, tractors, and farms add to the charm, giving Reepham its distinctive character. A participant captured this sentiment well at the event in this image:



However, there are some concerns. Some participants expressed frustration about the impact of offshore pipelines and a proposed solar farm on the natural landscape. Additionally, while the rural atmosphere is valued, some noted a *“lack of ‘glamour’ with a focus on agriculture”*.

Question 2: How do people locally connect with each other?

There were 172 pieces of data categorised for this question into seven themes as displayed in the graph below:



Community and Social Life

Reepham's strong sense of community is evident through the comments, although some members can feel excluded. The Bircham Centre is seen as a focal point, and one comment suggested that their new Community Engagement Officer could “*outreach to focus on isolation*”. There are various clubs for people to engage in (Women’s Institute, scouts, book club, British Legion, Sunshine café, yoga, running, coffee afternoon, bowls, Rockwell choir, cricket, neon dodgeball, lunch club, quiz nights), and these can bring people together. Groups like Tea & Totts and the Café Church offer spaces for people to gather and build connections, and the church is seen as a place for events and community building, in addition to being a religious venue. Residents see each other face-to-face in cafes, shops, the hairdressers and pubs, and a participant said friendly greetings like “*hello*” are common.

Outside spaces are also seen as a good way to connect, especially walking dogs with *“lots of dog owners – greeting each other with hellos and nods”*. The Reepham Festival is also seen as a *“great way to connect”*.

Information Sharing and Communication

There were many sources highlighted to help share information locally, including both online and offline platforms such as Facebook, Next Door app, Instagram, Reepham Life, Reepham Town News, noticeboards, and local businesses. Social media plays a crucial role in keeping people connected, especially through Reepham Local on Facebook, which has over 7,000 active members. This is frequently used to share local information and advertise events, and participants are often *“positively shocked when they see how many replies one of their posts has received (Very active)”*. Reepham Life was also highlighted as an online news source, which is updated frequently. Participants felt that relying on online only isn't enough to keep everyone informed, especially older residents and with the *“general wifi/signal issue in Reepham”*. Alternative sources of information included Reepham Town News, which is a physical newsletter, schools, noticeboards, the library as well as word of mouth.

Despite the range of sources available participants expressed a desire to have a single, up to date, reliable source that covers all the town's events and activities. *“Lots of sources of info but no single list of 'what's on.'”* A more coordinated approach could help in bringing everything together and link up facilities.

Physical Venues and Spaces

Reepham has several physical venues and spaces, which provide opportunities for socialising and holding groups and events. Venues included churches, cafes, schools, the library, The Bircham Centre, Station café, Eve's Hill farm, Whitwell Stations, Kings Arms, Salle Moor Hall Farm, and pubs. The Bircham centre was recorded as *“a charity space that Reepham residents love and feel very lucky to have.”* The Kings Arms was noted for quiz

nights, *"Pub! Social, friendly landlord, quizzes"* and Salle Moor Hall Farm is seen as a developing space with community offerings like a brewery and glamping, adding to Reepham's charm. Participants also recognised outdoor spaces as important for connection including *"face to face when shopping in Reepham"*, *"sitting on the bench in town"* and the allotments. This is how one participant depicted spaces in Reepham:



Participants appreciated these venues and spaces but expressed a desire for better *"coordination"* and *"advertising of events/activities"* to maximise their use for residents. One comment was: *"lots of spaces - to hire. Need to collaborate not compete"*. Stimpson's Piece, the Town Hall, and various church halls are acknowledged for their potential. However, some participants felt they are largely rented out for private events. There is a sense that these spaces could be better *'utilised'* and an increased awareness of their current use would be beneficial.

Challenges and Barriers

Despite Reepham's strong community spirit, several challenges and barriers to connection were identified during the discussion. Comments included a *"lack of organisers and willing volunteers (all ages)"* to help run community events. Wi-Fi and mobile signal issues can make it harder for people, especially the elderly, to stay connected to local news and activities. A participant also mentioned that different levels of connection exist within the town, and that it can be hard to get past superficial interactions to create engagement and connection, with others discussing societal 'cliques', a *"hard core of people who've lived here a long time"* and *"everyone keeps to themselves"*. These can make some residents feel excluded. It was also commented that there is a *"lot of space to enjoy, but acknowledged this created a sense of separateness"*. The closure of the skate park was highlighted as a *"contentious issue"*. Other challenges raised included football clubs being disbanded, and a lack of a local gym.

Youth and Family Activities

Participants discussed a gap in activities for younger people in Reepham. The church's youth mission enabler was mentioned for organising events like discos, but it was clear that more is needed, with *"young people in groups outside co-op"* instead of being involved in activities. The Field of Joy was referenced as a resource for young people, offering natural surroundings, play and education. Other activities included scout groups, child's pool, neon dodgeball, Reepham's Lions Club, football fun and the library. *"Library - somewhere to take the kids, staff are friendly, free events, crafts in the summer holiday"*.

Improve connections

Improved connections were mentioned across themes, for example increased communication on the groups and facilities taking place and more joined up ways to share information. There is also a desire for more intergenerational events that could bring different age groups together, such as film clubs and community choirs that do not require

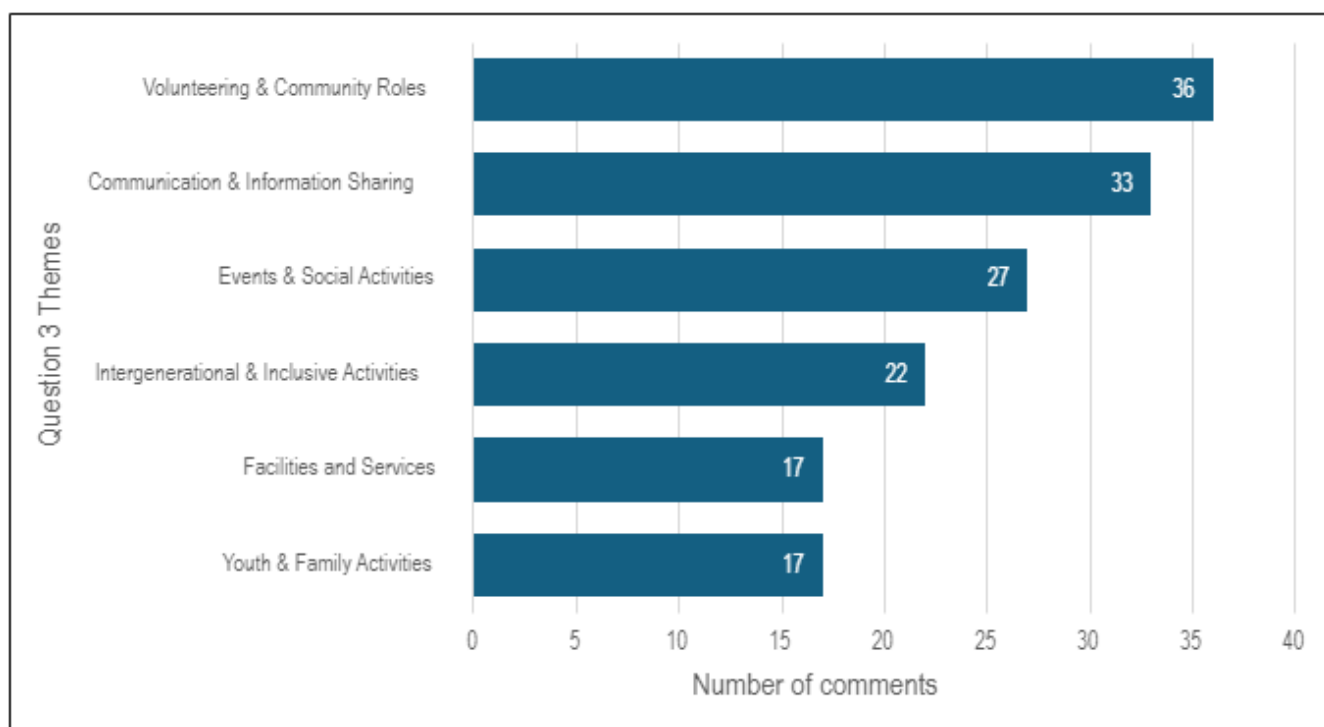
auditions or musical experience. It was noted that there *“used to be a film club but not now – could bring generations together”*. To help the older community connect a participant suggested using more postal communication methods. Many participants were not aware of the provision of social prescribers in the local GP surgery who can help with connecting residents to groups and activities as well as offering a range of other support. One attendee suggested looking to other towns who are already communicating well: *“How do other towns communicate? what can we learn?”*.

Local transport

Local community transport methods were acknowledged, including *“volunteering – driving community bus”*, the Whitwell minibus service and the Reepham Rover. The ACT bus service and a free bus for trips out were mentioned highlighting community transport schemes are available in the area.

Question 3: How could we grow a more connected community?

There were 152 pieces of data categorised for this question into six themes which are displayed in the graph below:



Volunteering and Community Roles

Volunteering in Reepham is seen as both a strength and a challenge to growing a more connected community. While many appreciate the dedicated efforts of the town's volunteers, there was concern about the *"ageing population of volunteers,"* and struggling to attract new, younger helpers. This was especially true for services working with young people, which face stringent regulations like safeguarding and DBS checks. Several attendees felt that more volunteers should be recruited to ensure sustainability, with one person remarking that it's difficult to *"encourage volunteers who only have a few hours to spare."* Some community members would be open to volunteering but were not sure how to initiate this, one commented *"If I wanted to help, I wouldn't know how"*.

Participants highlighted that several initiatives delivered by charities and volunteers have stopped or will be, including the Matthew Project's community outreach programme, the Good Neighbour Scheme, and a befriending service for which funding ends in March. Some suggestions were put forward to address challenges such as working with schools to encourage media students to help with communications and marketing. Many people discussed the "*Reepham Community Partnership*" and some called for a "*resurrection*" of the "*mapping exercise of what's on*," which would help to coordinate volunteer efforts and improve awareness about local resources and activities.

The community expressed a desire to see a "*paid community worker*" take on the responsibility for organising events and bringing people together. Some felt that the community has relied heavily on volunteers for too long, with one person commenting that "*information sharing has relied on dwindling volunteers*" and that it's time to formalise this role with paid support. The new Community Engagement Officer at the Bircham Centre was seen as a positive step in the right direction.

Communication and Information Sharing

One of the biggest challenges identified in the room was the fragmented nature of communication and information sharing in Reepham. While various platforms like the Reepham Life website and the Parish magazine exist, many participants felt there was no single, reliable source of up-to-date information for events and activities. As one participant said, "*information is scattered around several points—church, library, doctors, pubs, schools.*" Some felt that the Bircham Centre should become the "*focal point*" for gathering and distributing this information, acting as a central hub where a "complete calendar of events" could be maintained.

Some expressed an interest in developing 'Reepham Life' website to make it more modern and user friendly. One person offered "*I can help with design and publication of the*

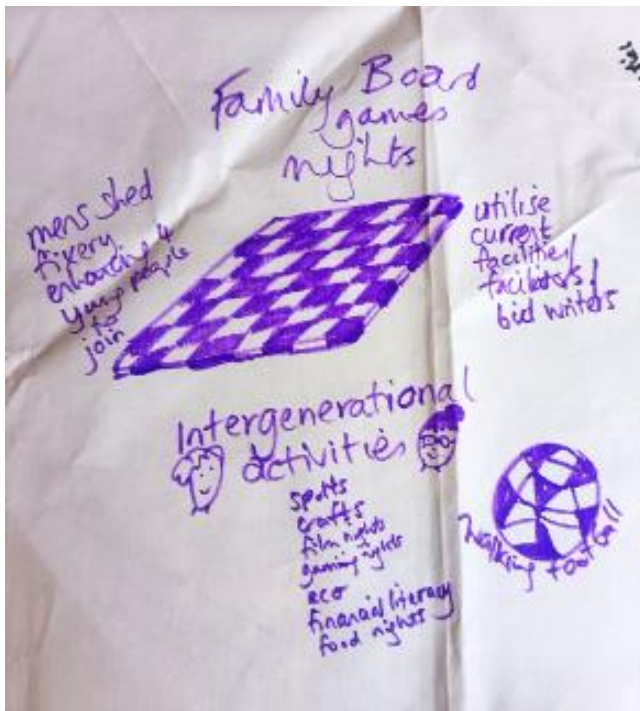
website". Some people highlighted a desire for better communication with the Town and District Council, for example *"better publication of agenda for public meetings"*. Another participant said Reepham feels *"disconnected"* from the District Council and they have *"little relationship or understanding about what they do and what support is available"*.

Events and Social Activities

Participants were enthusiastic about the potential to create more events and social activities to bring people together such as sports tournaments and bingo. Other suggestions include 'a social club' and groups for people with disabilities. Developing the weekly market was also suggested, with one participant noting that local events like the food festival could be made *"even better"* if more people knew how to get involved. Open days were proposed to *"celebrate events, businesses and activities"* in Reepham. Participants highlighted multiple venues which could be used for new events and activities such as the Bircham Centre, Stimpson's Piece and the Town Hall although some challenges were referred to such as *"venues not connected"*.

Intergenerational and Inclusive Activities

There was a strong desire for more activities that would help connect different age groups. Participants suggested events like *"family board games nights," "walking football,"* and *"men's shed"* activities that could bridge the gap between younger and older residents. The idea of intergenerational skill-sharing was raised, for example *"fixery workshops"* and even a suggestion of a mentoring scheme for teens and older community members to learn from one another. As one person put it, *"so much can be learnt from cross-generational events."* The sentiment was that while Reepham has a wealth of activities for specific groups, more could be done to bring these *"tribes"* together for shared experiences, with events like outdoor cinema nights and food nights to build a stronger, more inclusive community. A participant brought together these ideas in a visual:



Children and Young People

Many participants expressed concerns about the lack of activities and spaces for children and young people. There was a call to *"find out what local young people want"* through consultations with schools and the Youth Advisory Board. Some initial suggestions for children and young people included *"more sports funding"*, *"a dedicated space"*, *"local free pool to use"* and developing *"Tots Spots activities"* or building a playgroup.

There was discussion about the challenges surrounding the skatepark which a participant described was *"removed as in (a) poor state"* and *"some people are now trying to fund independently"*. However, another participant expressed concerns that the *"skatepark is not going to solve local connectivity and skills development"*. Participants felt there was an opportunity for young people to develop skills through volunteering which would also strengthen the community. Several participants wanted to see the local schools get more involved in the community. One person pointed out that *"school community activities, like litter picks, have stopped,"* which once helped build community spirit. Another participant noted the school was *"currently too busy and thus operating as an insular organisation"*.

Facilities and Services

Participants emphasised the limitations of transport provision, highlighting the need for more frequent buses to Norwich, local minibuses, and increased support for the *“Reepham Rover”* to reduce isolation and bring more people into town. Participants expressed a need for a gym and more sports spaces, including *“tennis clubs”* and *“outdoor facilities”*. Some participants felt the social prescriber working at the local GP surgery is *“a good source of general provision but not enough”*. Discussions at the event highlighted that many community members were not aware of this provision at all. The absence of a *“Neighbourhood Plan”* raised concerns among some people that the community was missing out on potential benefits. There was also a mention of the need for better WiFi connectivity and references to *“lighting”*, *“safety”* and *“mobile banks and banking hubs”*.

Conclusion

The World Café was a successful engagement event within the community highlighting both strengths and areas for improvement. Reepham is known for its strong community spirit and excellent local facilities, but faces challenges such as limited youth activities, unreliable public transport, and integration difficulties for newcomers. Addressing these issues through better communication, enhanced facilities, and improved transport links will help to foster a more inclusive and connected community.

The key action areas identified from the World Cafe were as followed:

- **Communication and Information Sharing:** there is a need for better, centralised communication hubs and reliable sources of information for community events, activities, and services. There were some popular suggestions including using the Bircham Centre as a focal point for information and updating Reepham Life website.

- **Volunteering and Community Roles:** the sustainability of volunteer efforts was a recurring theme, with concerns about an aging volunteer base and the need to recruit younger volunteers. The suggestions from participants included the introduction of paid community roles to manage volunteer coordination and community events to reduce reliance on volunteers.
- **Children and Young People:** there is a noticeable lack of facilities and activities for children and young people especially teenagers. Some solutions were put forward like consulting young people to see what they need, creating a dedicated space, and leisure provision (e.g. gym/pool).
- **Transport and Accessibility:** limited public transportation was highlighted as a significant issue, affecting residents' ability to access essential services and social opportunities. There were some enabling factors referenced such as community transport schemes. Other challenges raised included street lighting, narrow paths, and limited cycle routes in town.
- **Facilities and activities:** the town has excellent facilities for its size, including schools, shops, and recreational opportunities. However, there is a demand for additional amenities such as a gym and the revival of the skate park. There was a call for better connection and utilisation of venues. While there is a good range of activities available, there was a strong interest in building on this especially with activities which bring different generations together.

These themes highlight the strengths and areas for improvement within Reepham, providing a clear focus for future community development efforts. We look forward to exploring this further with the community at the follow up event on **Monday 18th November**. There will be an opportunity for participants to share comments and propose changes for the final copy of this report. The follow up meeting will enable discussions to explore the key action areas and start developing solutions supported by the Health and Wellbeing Partnership and a range of stakeholders.

Thank you to all those involved!

This project has been planned and delivered in partnership with a wide range of stakeholders including members of the community. On behalf of Broadland Health and Wellbeing Partnership we would like to say a big thank you to everyone involved including representatives from:

- Our partners at Broadland Health and Wellbeing Partnership
- Members of the local community
- Reepham Library
- The Bircham Centre
- Mutual Gain
- The Department of Work and Pensions
- Public Health
- Broadland District Council
- Norfolk County Council Schools and Community Broadland Team
- Norfolk County Council Adult Social Care
- Norfolk County Council Strategy, Engagement and Co-production Team
- Resilient Pathways
- Norfolk Police
- Better Together Norfolk

We would also like to thank local providers for supporting with the event:

- Reepham College for use of their facilities
- The Station Cafe Reepham for cake donations
- Bread Source for cake donations
- Reepham Co-op for refreshment donations

Appendix 1: Existing resources in Reepham

Please note, this list is not exhaustive – it is intended to show a sample of resources available based on the comments and discussions from the World Cafe.

○ **Social activities and Community Groups**

- **Bawdeswell Village Cinema**, Films generally shown second Saturday of each month; doors open 6.30 pm; bar/café open 7 pm; film starts at 7.30 pm. 01362 688627 bawdeswellvillagecinema@gmail.com.
- **Caring Friends Coffee Morning**: Every other Thursday 10-12 at Reepham Methodist Church. £3 for coffee, tea, and cake. Caringfriends@icloud.com. 07961566118.
- **Cuppa Care**: the Cuppa Care Bus visits towns and villages across Norfolk on a rotational and regular basis. The bus is staffed by volunteers and partners from a range of organisations who can offer support and advice as well as simply have a chat over a cuppa. This project has been developed and led by Hear for Norfolk bringing people together and tackling loneliness. The bus will be at Stimpson's Piece Pavilion on Wednesday 23rd October 22nd January and 22nd March 10-12pm. [Cuppa Care – Hear For Norfolk](#)
- **Scrapbox**: a membership-based charity providing low-cost resources for art and crafting activities, 01603 873128, info.scrapbox@gmail.com
- **Whitwell & Reepham Station**: a working railway, running steam and diesel engines on our line. Open all weekends and are in steam on the first Sunday of each month and on several special events. 01603 871694. info@whitwellstation.com. www.whitwellstation.com.
- **Reepham County Market**, Held every Wednesday from 8 am – 11 am in the Bircham Centre, Marketplace, Reepham. Home-made cakes, pies, biscuits, savoury dishes, vegetables, fruit in season, free range eggs, jams, jellies, chutneys, etc. [Reepham Country Market | Norwich | Facebook](#)

- **Reepham Festival:** Family-friendly, affordable music festival that delivers benefits to music lovers, local businesses, and local charities. Next festival is 9-10th August 2025. [RFestival 25 - 9th and 10th August 2025 - Reepham, Norfolk \(reephamfestival.co.uk\)](https://reephamfestival.co.uk)
- **Reepham and District Rotary Club:** This group undertakes a wide range of charity and community projects including Sunshine Café for people living with dementia and their carers, support the local junior and high schools with various projects, and give support to the local scout group. Contact 07760 272422 / 01603 870200. reservations@reephamrotary.org.uk. <http://www.reephamrotary.org.uk/>.
- **Reepham Good Neighbours Scheme:** free service delivered by volunteers can help with the following for all age groups: befriending; occasional dog walking; collecting prescriptions; picking up shopping; changing a light bulb; lifts to medical appointments; accessing further support; other tasks with which you might need help. 07936 576684.
- **The Fixery:** a community resource based in Reepham for anyone who's keen to repair things, save money and keep stuff out of landfill. Fixers help to repair everything from picture frames to PCs, and we pass on our skills to help the community by showing people how to fix their own stuff. <https://fixery.uk/>. 07771 193620. hello@fixery.uk.

○ **Physical activities**

- **Reepham Tennis Club:** if you're interested in playing tennis – whatever you age or ability – you can contact the club at membership@reephamtennisclub.co.uk.
- **Neon Dodgeball:** the Neon Dodgers play at Reepham High School Sports Hall every Tuesday evening. Classes are open to all ages and all abilities. 5:15 – 6:45 pm for Primary & High School Kids. 6:45 – 8:00 pm for Adults. Contact: 07802-439654 and reephamdodgeball@hotmail.com.

- **Reepham Badminton Club:** meets at Reepham High School Sports Hall every Thursday evening 8-10pm. 01603 873244/01263 584221.
- **Line Dancing:** meets every Wednesday afternoon for all ages, with an easy pace. Free taster session. 01603 872102
- **Reepham Runners:** a small, friendly running club based in Reepham. Training at Stimpson's Piece on Tuesday evenings. secretary@reephamrunners.co.uk

○ **Community spaces**

- **The Bircham Centre:** a community building that is held in Trust for the benefit of the town. It houses a Charity Shop and second-hand book room, as well as hosting Reepham Library, Reepham Archive, and the weekly Country Market. In addition, the Centre provides meeting/consulting rooms and office accommodation for therapists, community groups/clubs and individuals. Contact: thebirchamcentre@gmail.com, 01603879242, www.birchamcentrereepham.org
- **Stimpson's Piece:** a facility for the people of Reepham and the surrounding neighbourhood comprising a recreation ground with football pitches, Tennis courts, children's play area and woodlands (skatepark currently out of use). There is a pavilion. There are also sports facilities – various changing rooms some with showers. Contact: 01603 873355 or email clerk@reephamtowncouncil.org.uk.
- **Reepham Town Hall:** a bright spacious venue, with a modern well-equipped kitchen and is available at a reasonable rent. For more information and to check Town Hall availability please phone 01603 873355.

○ **Children and Young People**

- **Baby play sessions:** for 0-2 years, opportunity to meet other parents while your little ones enjoy some sensory play based around development.

Tuesdays 11.45-12.45 at Stimpson's Piece. Contact

Squidgeandme@outlook.com

- **Martial Arts Class:** Class open to children from 6+. Every Wednesday, Stimpson's Piece, 4:15-5:15pm, info@martialartseast.co.uk, 01603 865426
 - **Football Club for Children:** Reepham Town Youth Football is running sessions for kids aged 6 to 8 on a Saturday morning. 07960 095885. thelittlerobins2024@gmail.com.
 - **Tots Spot:** Group for babies and toddlers with their carers every Wednesday in term time from 9am-11.30am, Reepham Methodist Church. Play, sing, sit and talk with refreshments, no charge. Contact Candy Rogers, candy@bootonkh.co.uk
- Transport
- **Transport Plus:** local voluntary transport service. Booking requests can be made Monday to Friday 9 am – 5 pm 0344 800 8020.
 - **Reepham Rovers:** local voluntary group offering organised trips via minibus. 07765 321458 reephamrover@whitwellhall.org.uk
 - **Community Car Scheme:** volunteer led service run by Aylsham and District Care Trust. They can support with travel to appointments at the Doctors, hospitals, opticians etc. Contact: 01263 733385 and reception@aylshamcaretrust.com
 - **Information on your travel options and route planning** [Travel Norfolk - Travel Norfolk](#)
 - **Norfolk County Council Travel Norfolk Car Scheme**, community travel service helps eligible adults get to vital health, social and wellbeing services [Travel Norfolk car scheme - Norfolk County Council](#), 0344 800 8020 (Monday to Friday, 9am - 5pm)

For a full and up to date town directory go to Reepham Life website [Directory Entry - Community / Voluntary Organisations | Reepham Life](#) or the latest edition of Reepham Town News <https://adobe.ly/3LxGzuT>

Appendix 2: Further resources

Broadland Communities Team communities@southnorfolkandbroadland.gov.uk or Tel: 01603 430611

- **Help in setting up a new community group or help with an existing group.**

Funding for communities, also see [Community funding | Broadland and South Norfolk \(southnorfolkandbroadland.gov.uk\)](#)

- **Toolkit for Community Groups** is available here - [toolkit-for-community-groups \(southnorfolkandbroadland.gov.uk\)](#)
- **Community Engagement Van** which is visiting rural areas on a schedule but is also available to the community. To find out more see [Community Engagement Van – Broadland and South Norfolk \(southnorfolkandbroadland.gov.uk\)](#)

Mindful Towns and Villages Mental Health Training

- Free mental health training for the community available for small businesses, community groups, clubs, or keen residents as part of our Mindful Towns and Villages project. Find out more on our website or contact Emma Haughton: emma.haughton@southnorfolkandbroadland.gov.uk.

Voluntary Norfolk reception@voluntarynorfolk.org.uk or Tel: 01603 614474

- Support and training for voluntary groups Voluntary Sector Support | Voluntary Norfolk
- Advertising for volunteers and to see available opportunities Corporate volunteering | Get InVOLved Norfolk

Active Norfolk

- Exercise for older adults and those with health conditions, including exercise at home Vulnerable and older adults - Get Active At Home - Active Norfolk
Email: info@activenorfolk.org

Broadland Youth Advisory Board (YAB)

- Broadland YAB is a group for young people who live or study in Broadland, Norfolk. They work with professionals in the community to ensure that young people have a say in decisions that affect them. Email: broadlandyab@map.uk.net, Call: 0800 0744454. Visit: [Broadland YAB | MAP Norfolk](#)

Wellbeing Service Tel: 0300 123 1503

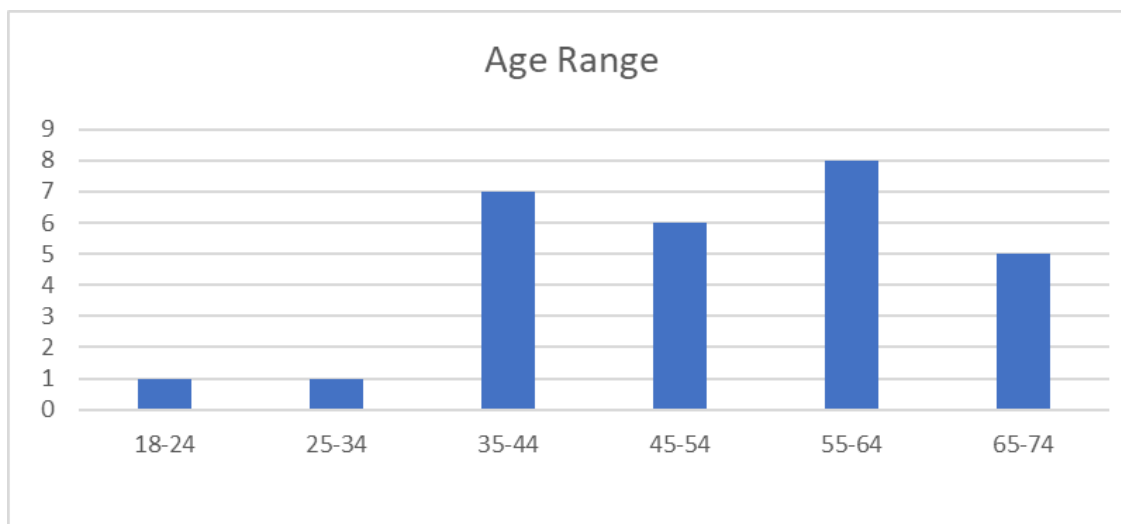
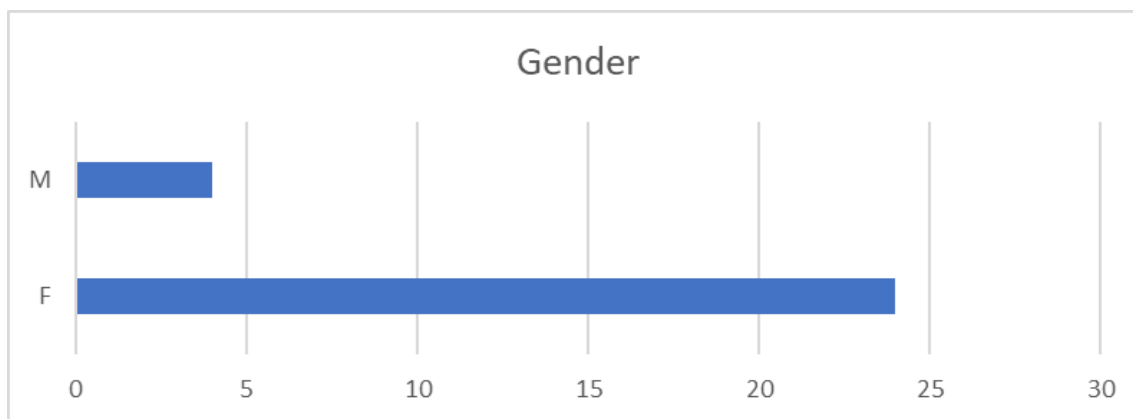
- Support for wellbeing and free courses Helping you live your life - The Wellbeing Service Norfolk and Waveney (wellbeingnands.co.uk)

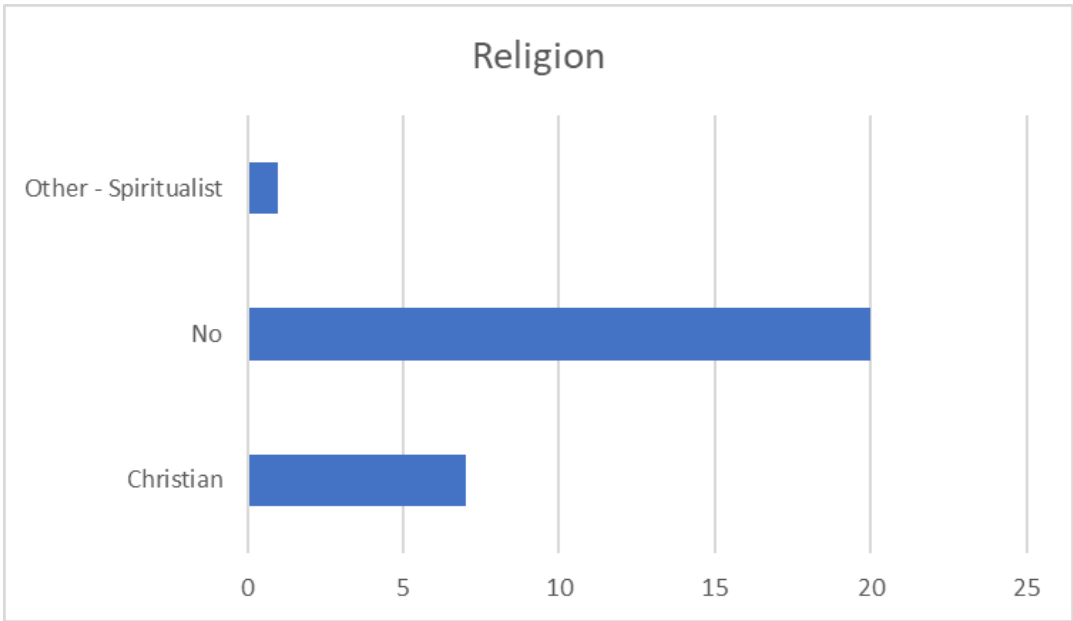
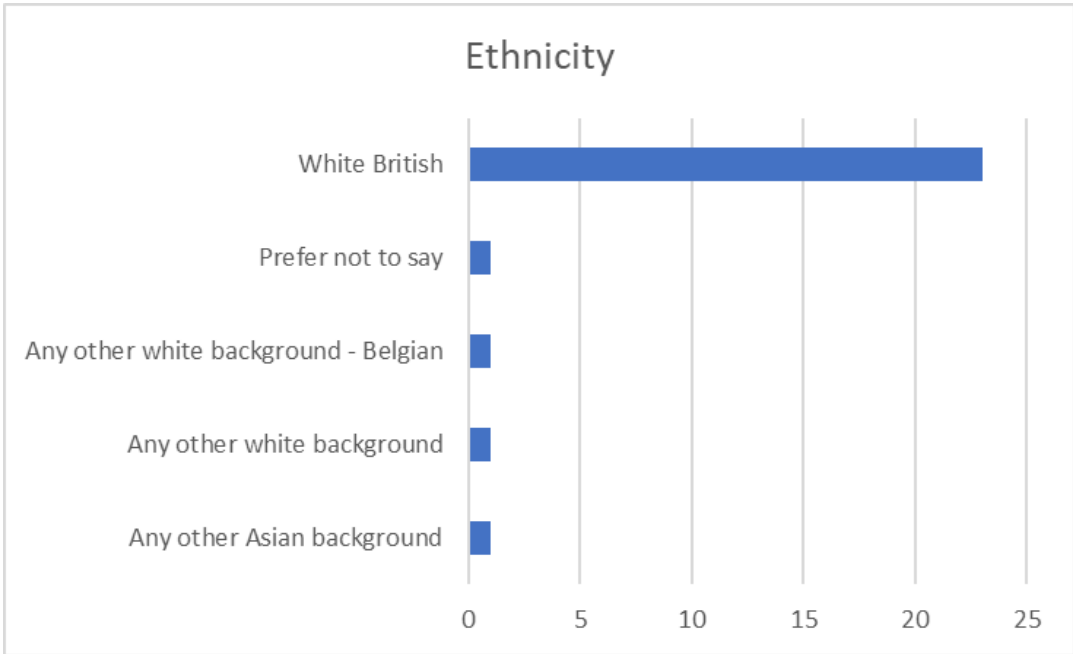
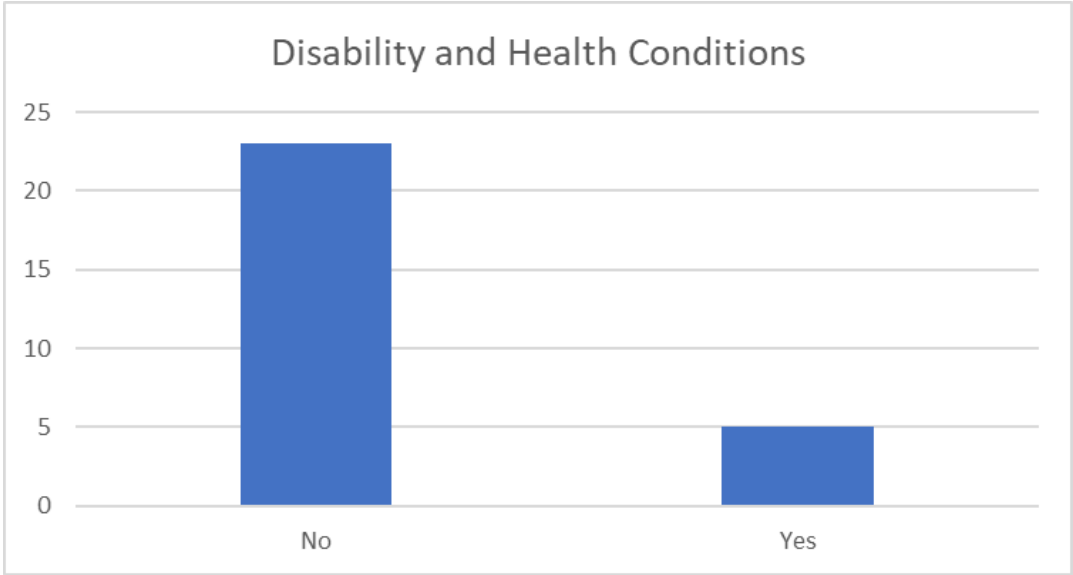
Broadland Family Hub

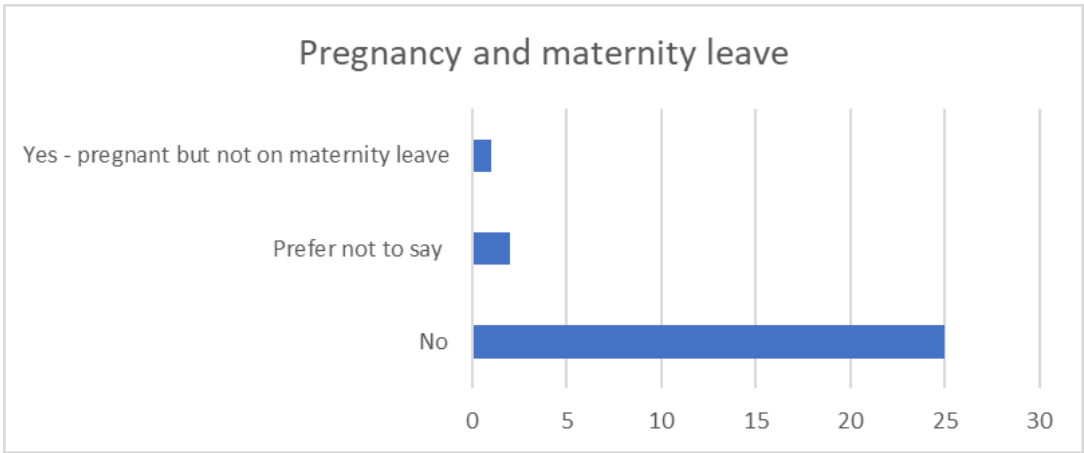
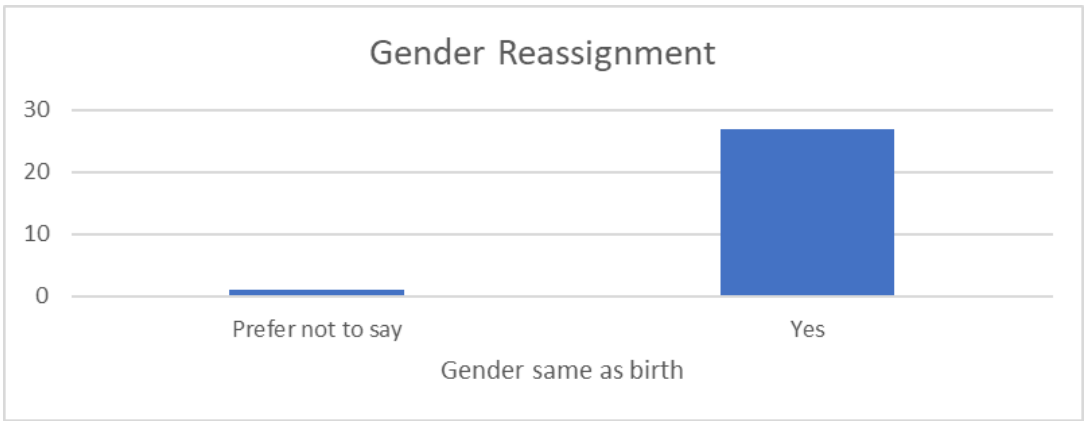
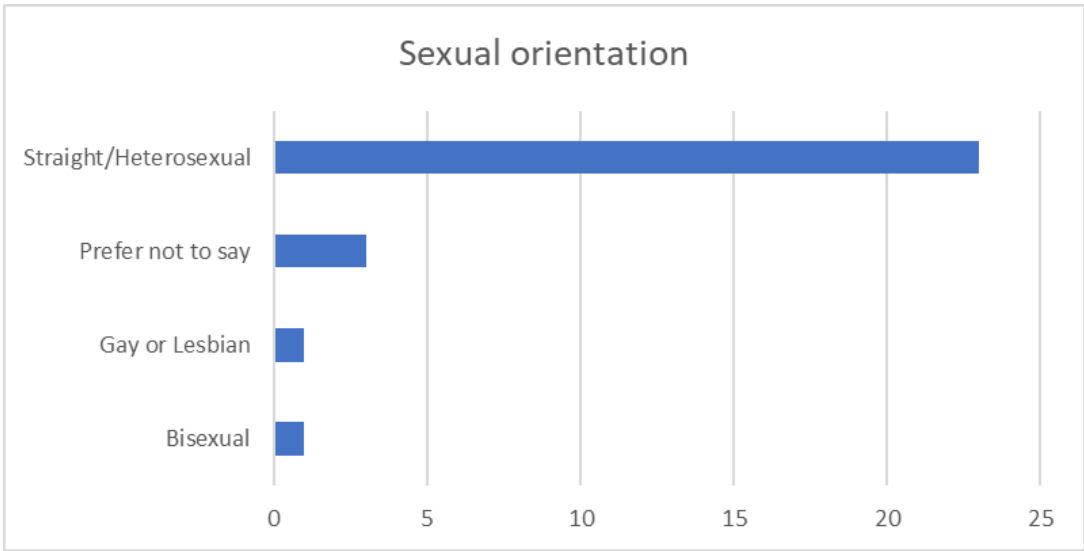
- Family hubs support parents and carers of children and young people from conception up to the age of 19-years-old (25 for young people with special educational needs and/or disabilities).

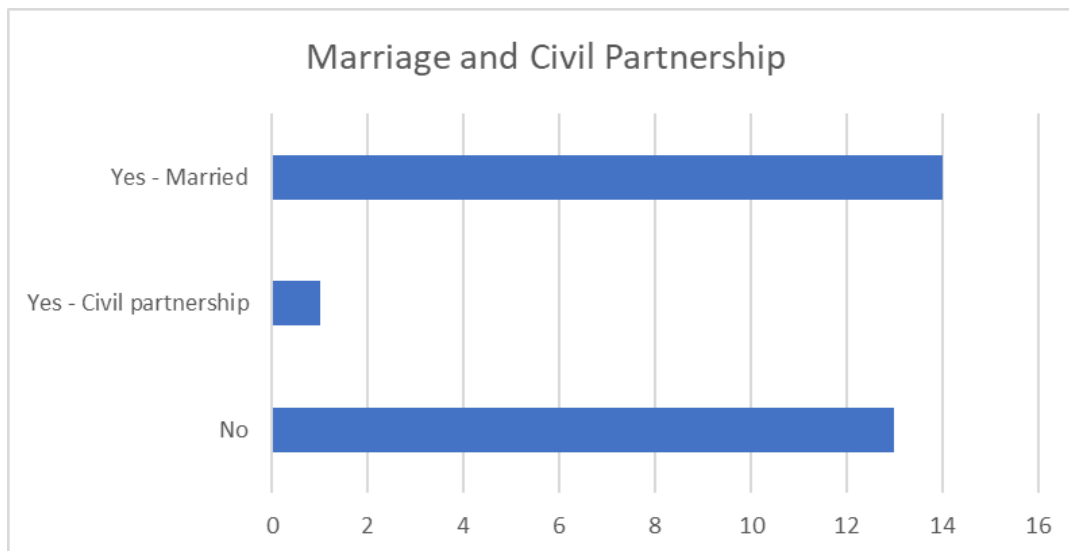
Appendix 3: Demographic information collected at Reephram World Cafe

All participants were asked to complete an optional anonymous demographic survey. All participants took part in the survey. The results have been displayed using charts. We will be exploring how we can increase diversity of participants for future events.









Appendix 4: Access Online Version

A digital copy of the final version of the report will be made available on the Council's website, please use the link below or scan the QR code to access:

[World Cafés in Broadland and South Norfolk | Broadland and South Norfolk \(southnorfolkandbroadland.gov.uk\)](https://southnorfolkandbroadland.gov.uk)

