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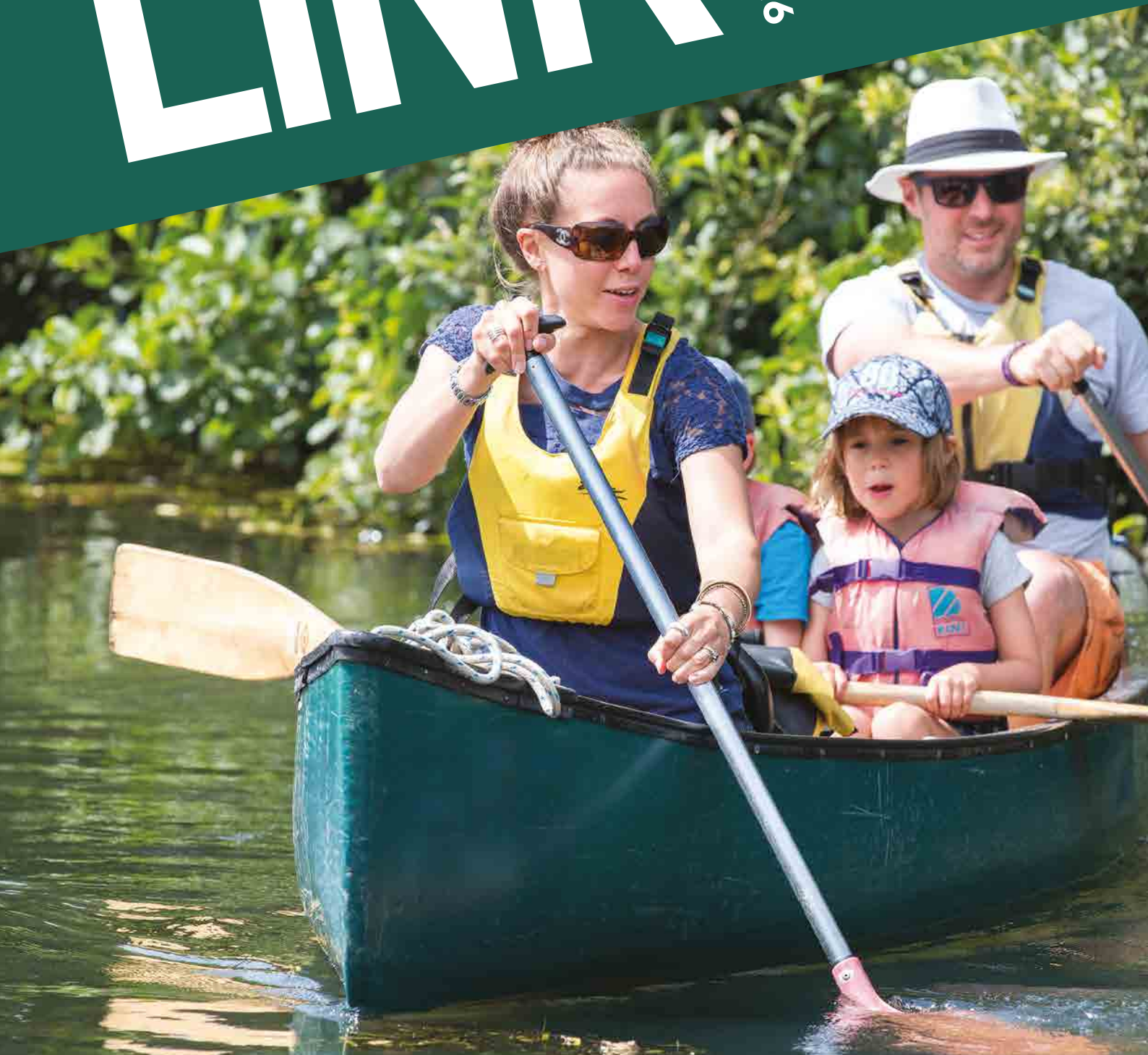
SUMMER 2026

Inside this issue:

Let's go! p.8

£1 million for
communities p.11

Celebrating your
community heroes p.12-13



Your new My Account is here

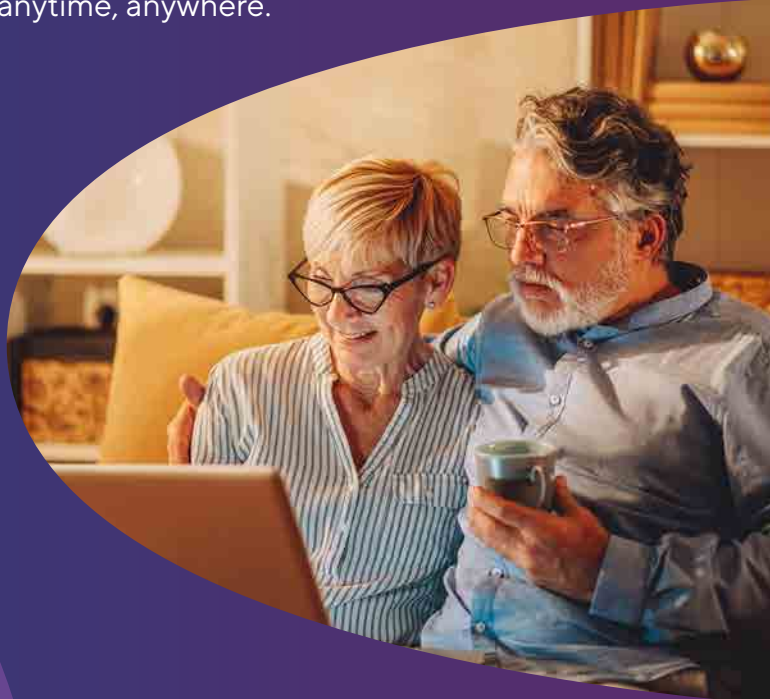
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The new system brings everything together in one secure place, allowing you to:

- access council services at a time that suits you
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Designed to save time and reduce paperwork, My Account makes managing your council services more convenient than ever.

If you haven't already, sign up today at **southnorfolkandbroadland.gov.uk** and start managing your council services online – anytime, anywhere.



Useful contacts

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01508 533701 Monday – Friday 8.30am to 5pm
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Support for anyone who is feeling vulnerable:

- ▶ All ages
- ▶ Help with obtaining the basic essentials
- ▶ Feeling isolated
- ▶ Worried about issues at home, including relationships
- ▶ Money issues

Call the Help Hub: 01508 533933
email: helphub@southnorfolkandbroadland.gov.uk



Inside this issue

Business brilliance celebrated.....	4-5
On your marks for the EAMA 10K.....	9
Cheers for our community champions.....	12-13
Nature projects get a £150k boost.....	18



A message from the leader

The government has informed us that it intends to impose a three unitary model on Norfolk. It's a decision that I profoundly disagree with and a decision that will see our beautiful towns and villages becoming just suburbs of an amorphous city.

The government's plan will also see our residents having to take on debt from other, less well-run councils and our district ripped apart, with villages like Hethersett and Poringland being swallowed by Norwich while Diss will be aligned with North Norfolk and Great Yarmouth.

While we continue to fight this terrible decision, we will continue to make sure that money raised from the residents of South Norfolk, is invested for the benefit of South Norfolk. In this magazine you will read about our ongoing support for our communities and our investment of over £1 million in local projects that will have a long-lasting beneficial effect on our residents' quality of life.

We will also continue to invest in our many green spaces, providing significant grant funding for major new projects in places like Cringleford, Poringland, Loddon and Costessey and we will continue to invest in safe areas for our children to play.

The strength of our communities was evident at our Community Awards and I would like to offer my heartfelt congratulations, not just to the award winners, but to everyone who was nominated. You all make a huge difference and should be very proud of your achievements.

Alongside our proud history of supporting our communities the council has always been a big supporter of local businesses and our vibrant local economy. Over many years, we have provided advice, support and grants to both start-ups and established businesses looking to grow and it was fantastic to hear so many success stories at our annual Business Awards.

Finally I would like to congratulate Keith Mitchell, a member of our team who was awarded the British Empire Medal in the King's Birthday honours list. Keith has worked in local government for 48 years and has helped to deliver more than 5,000 affordable homes, helping to improve lives and enabling people to have a key to their own front door. Thank you!

Leader of South Norfolk Council, Daniel Elmer



BUSINESSES SCORE BIG AT AWARDS

The achievements of businesses across South Norfolk and Broadland were celebrated on Wednesday 18 March at the Broadland & South Norfolk Business Awards 2026, held at Norwich City Football Club. The event, sponsored by Birketts LLP, brought together business leaders, entrepreneurs and innovators from across the two districts.

Cabinet Member Cllr Lisa Neal-Overton, said: "South Norfolk's business community is thriving with new ideas and bold ambition and tonight's winners really embody the talent and creativity found across our district. These awards showcase the enterprises that help make our area such a vibrant place to live and work, and we're proud to celebrate their achievements."

The evening showcased the exceptional breadth and quality of local enterprise, with awards recognising everything from start-ups and small businesses to manufacturers, innovators and community-focused enterprises. Among this year's standout successes was Netmatters, who took home two awards, Business Innovation and Employer of the Year, highlighting their commitment to pioneering solutions and nurturing a thriving workplace culture.

BROADLAND & SOUTH NORFOLK
Business
Awards 2026

THE 2026 AWARD WINNERS

New Business
Brick Kiln Pottery

Highly Commended
Snoop Boutique

South Norfolk Small Business of the Year
Party and Prom Ltd

Environmental Impact
Blickling Estate,
National Trust

Highly Commended
PSH Environmental

Food and Drink Producer of the Year
The Booja Booja Company Ltd

South Norfolk Business Builder Exemplar
Anglian Vet Physio & Hydro

Highly Commended
Vintage Rose

Business Growth
Emkay Plastics Ltd

Manufacturing and Engineering Business of the Year
Delta Fire Ltd

Tourism Business of the Year
The Norfolk Mead

Employer of the Year
Netmatters

Business Innovation
Netmatters

Insurance, Financial or Professional Services
Norfolk Wealth Management

AS VOTED FOR BY YOU

South Norfolk Pub of the Year:
The Locks Inn Community Pub, Geldeston



South Norfolk Retailer of the Year:
Green Pastures, Bergh Apton



The Councils extend their thanks to the many local sponsors who generously supported each awards category. This year's sponsors included: Pasta Foods, CNC Building Control, Big Sky Living, Hethel Innovation, The Food Enterprise Park, InTouch Systems, Norfolk Museums Service, Citrus Security Shredding, Mirus Aircraft

Seating, FIG (Financial Industry Group), Jarrold Training, Pub is The Hub, and Calibre Climate, who kindly sponsored the drinks reception.

For more details on all of the winners, visit southnorfolkandbroadland.gov.uk/businessawards

Headline sponsor

birketts
Next Level Law

Support on a plate

Looking to build connections and stay ahead? Our Business Breakfasts are the perfect way to kick-start your morning – with the next event coming up this December.

Join a thriving local network, hear topical insights from guest speakers, and get the latest updates from our Economic Development Team. You'll also find out about the support and services available to help your business grow.

Held quarterly, these popular events fill up fast – so booking early is recommended.

Stay in the loop

Be the first to hear about future breakfasts, networking events and support by signing up to our Business Newsletter. It only takes seconds and delivers bite-size updates straight to your inbox.

You'll receive news on business support, funding, events, awards and more.



Scan the QR code to book your place at the Business Breakfast and sign up.

Taking your business to the next level?

Discover funding, advice, training and support

Broadland South Norfolk



Grant accelerates growth for local mechanic

A local mechanic is driving his business forward thanks to support from our Business Builder Scheme.

David Joyce has worked as a car mechanic for 15 years, running his own mobile mechanic service for much of that time. Recently, he took the next big step by purchasing a garage in Hempsall to establish a permanent base for his growing business.

However, the premises needed a complete overhaul. "The place required significant work, including the installation of a new MOT bay," David explained. "I had no idea there were grants out there to help businesses, so it was

really good to speak to the Council's Economic Development Team."

With support from Joanne in the team, David successfully applied for a Rural Capital Grant. The funding helped cover the cost of a new MOT pit, freeing up funds for essential improvements such as new doors, a vehicle ramp, signage and additional equipment that would otherwise have been out of reach.

As the business continues to grow, David now plans to take on a member of staff to assist with MOTs, creating a new local job and strengthening services for the community.

Building a Boutique business in Harleston

Opening A Boutique on Harleston's The Thoroughfare marked a fresh start for Alison Cargill, who swapped office life for independent retail with support from the Council's Business Builder scheme.

Owned and founded by Alison, A Boutique is a welcoming destination filled with gifts, clothing and homeware. Described as a "mini women's department store", it offers hand-picked luxury items at affordable prices, chosen to bring a little joy to customers and add something special to Harleston's high street.

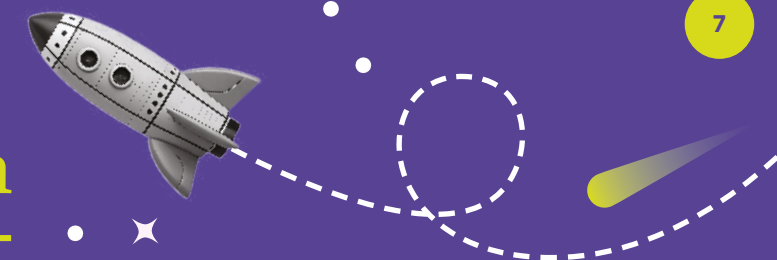
Before entering the world of retail, Alison worked in an insurance company. "I was fed up with the 9-5 and looking for something different," she said. "I happened to notice the shop was up for sale and I decided to take the leap."

With little experience in the retail industry, Alison quickly discovered how much there was to learn. "There were so many things I hadn't even thought about," she said. "Everything from fire extinguishers to first aid kits, it was a steep learning curve."

Thankfully, support was available from our Economic Development Team. After speaking to Jane from the team, Alison was introduced to the range of advice and assistance available to local businesses.

"It was like someone had turned a light on," Alison said. "Jane believed in me and gave me so much brilliant advice. After speaking with her, I really felt I could make the business a success."

- With that guidance, Alison successfully applied for a start-up grant through our Business Builder programme, a scheme designed to help both fledgling and established businesses. The grant helped part-fund signage and equipment, giving Alison vital support during the early stages of her business.



Alison's hard work and success have not gone unnoticed. She was recently named a finalist for South Norfolk Retailer of the Year at our Business Awards, an achievement that reflects her commitment, creativity and contribution to the local high street.

Cllr Lisa Overton-Neale said: "Our Business Builder programme is about much more than grant funding. It provides local businesses with the training, tailored advice and ongoing support they need to grow."

Local businesses interested in the Business Builder scheme can find out more about eligibility and how to apply by visiting our website.





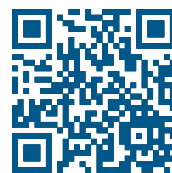
Looking for adventure? **Let's go!**

We're incredibly fortunate to have some of the country's most beautiful landscapes on our doorstep, and 'Let's go!' has been launched to make exploring them easier and more enjoyable than ever, whether on foot, by bike or by boat. The new initiative encourages people to get out into the fresh air and discover the stunning countryside, market towns and activities available locally.

At the heart of the project are over 30 wonderful walks across South Norfolk and Broadland. Ranging from 2 to 7 miles, the routes suit families and casual walkers, as well as those looking for a slightly more challenging outing. Each walk showcases the area's scenery while pointing out great places to eat, drink and shop along the way.

Over the rest of this year expect more new ideas for walks and also cycle and canoe trails, offering more inspiration to explore at your own pace.

Interactive maps and walk details are available at yes-lets-go.org.uk, along with information on food and drink stops, museums and local attractions.



So, what are you waiting for? Let's go!

Cabinet Member Cllr Kim Carsok said: **"This initiative is all about helping people get fitter and healthier while rediscovering the incredible countryside on their doorstep and at the same time, encouraging more people through the doors of our cafés, pubs, shops and visitor attractions."**



BOOK NOW FOR THE eama10K

EAST ANGLIAN MOTOR AUCTIONS

Bookings are now open for our popular EAMA 10K run, returning to Wymondham on Sunday 22 November 2026.

This well-established road race takes runners on a scenic 10km loop through the surrounding countryside, starting and finishing on Lady's Lane. The event welcomes both experienced

runners and those taking on their first 10K, with staggered start times to ensure plenty of space on the route.

Council Chair, Cllr Kathryn Cross, said: "With nearly 700 runners taking part last year, we're expecting another high turnout. Places can sell out fast, so don't delay – sign up now to secure your place."

Sponsored by East Anglia Motor Auctions, the entry fees help fund some of the Councils' most valued community services, with a proportion also donated to the Chairman's chosen charity.

Entry costs £19 for affiliated runners and £21 for unaffiliated runners, with a Corporate Challenge option also available.

Scan the QR code to find out more and book your place.



Residents help shape play area revamps

Hundreds of residents have had their say on the future of play areas across South Norfolk, following a district-wide consultation run over the Easter holidays.

The survey invited people to choose their favourite design option from three proposals at eight play areas across the district.

The sites included in the consultation were:

Admiral's Way (Hethersett), Appletree Lane (Roydon), Chestnut Road (Tasburgh), Ensign Way (Diss), Filbert Road (Loddon), Knyvett Green (Ashwellthorpe), Ullswater Drive (Hethersett) and Whispering Oaks (Wymondham).

This project is part of a wider £228,000 investment programme that's improving council-owned play areas across the district. Supported by the government's UK Shared Prosperity Fund, the programme will deliver safer, more inclusive and engaging spaces for children and families to enjoy.

Work to upgrade the play areas will be completed by September 2026, bringing exciting new and improved facilities for children and families to enjoy.

Parish councils interested in funding for new playgrounds or for upgrading existing facilities can now apply for support through the Council's Community Action Fund (CAF) and Community Facilities Grant (CFG), with applications open until 16 August.



A summer of fun

Kids Camp is back at Long Stratton and Wymondham Leisure Centres this summer, giving children a fun, safe and active place to spend the school holidays.

Running from 20 July to 2 September (excluding weekends and Bank Holidays), the camp offers a packed programme of games, sports, arts and crafts to keep children entertained throughout the holidays.

As well as everyday activities, children will also enjoy exciting sessions with external providers, including interactive wildlife experiences with Mini Monsters and the chance to try martial arts with ESKA Karate.

Kids Camp is Ofsted registered, accepts childcare vouchers and Swim School members can benefit from a 10% discount. Families can also save with a five-day package.

Half-day sessions are £22.50, with full-day sessions available for £34. Find out more and book at southnorfolkleisure.co.uk/kids-camp-2

KIDS CAMP



TWO FOR £10 SOFT PLAY



Looking for an indoor adventure this summer? Bananas Soft Play at Long Stratton Leisure Centre, offers three floors of jungle-themed fun, perfect for keeping little ones entertained – with an on-site café for grown-ups too.

Every Wednesday during the summer holidays, families can bring two children aged one and over for just £10, saving more than 10% on the usual price. The offer runs from 22 July to 2 September, and terms and conditions apply.

It's a great value day out for families looking to stay local while keeping children active and smiling throughout the holidays.



Scan the QR code to book online.

Bananas
Soft Play

Leisure
South Norfolk



Don't miss out on your share of £1 million



Brian Howes and Clive Leggett from Pulham Men's Shed with the new mud kitchen they built for children at Pulham CofE Primary Academy.

Community groups across South Norfolk are being urged to act fast and apply for a share of £1,000,000 in funding before time runs out.

Our Community Action Fund and Community Facilities Grant are offering a combined total of £1 million to support projects that bring people together, improve local spaces and make a real difference. But with the deadline approaching, groups are being reminded not to miss their chance.

From breathing new life into village halls and play areas, to supporting local events, activities and equipment, the funds are designed to help communities turn great ideas into reality. In recent years, funding has supported everything from upgraded sports facilities to community gardens and inclusive activities for residents of all ages.

The Pulhams Men's Shed has begun putting its £10,000 grant to good use, funding the

purchase of a shipping container and materials to convert the pavilion into a temporary workshop and site hub. The group is also using part of the grant to cover planning fees, helping to move forward its vision for a permanent Shed. Materials used in the interim will be repurposed as part of the final build, ensuring the funding delivers lasting value for the project.

Cllr Kim Carsok said: **"We know how much these projects matter. They help our communities thrive, create opportunities and bring people together. With £1 million available, there's a real opportunity to make a lasting impact right across South Norfolk. Whether you're planning a small community project or a major facility improvement, we want to hear from you."**

The Community Action Fund focuses on grassroots projects that strengthen community spirit, while the Community Facilities Grant provides larger grants for lasting improvements to buildings and shared spaces.

If your group has been thinking about a project, now is the time to act. With funding available and support on hand, this could be the boost your community needs.



Visit our website to find out more.



Celebrating the people who make South Norfolk shine

South Norfolk's community champions have been recognised at this year's **South Norfolk Community Awards**. Nine winners were celebrated at a special evening, sponsored by **Clarion Housing**, at **Bawburgh Golf Club** on 3 July. Now in its 14th year, the awards highlight the individuals, groups and businesses who go above and beyond to support others and strengthen local life.

Among the winners is **Young Achiever of the Year, Tommy Goodson**, a creative and community-minded young person using his technical skills to make a real difference. From coding digital resources

to producing the Poringland Magazine and leading environmental campaigns, Tommy is helping people connect, learn and take positive action.

The **Business in the Community Award** went to **The Paul Jewiss Group**, a Morley-based health and wellbeing coach supporting people of all ages and abilities. Through his studio, Paul helps improve fitness, confidence and recovery, while also raising funds for local causes.

Environmental efforts were recognised with the **Environmental Champion Award** for **George Waterman**,

whose voluntary work across Diss has transformed local green spaces. From leading litter picking groups to improving biodiversity and delivering major woodland projects, George's impact is both wide-reaching and lasting.

The **Connecting Communities Award** was presented to **The Rainbow Tree**, a bereavement support group for children aged 4-16. Providing a safe and welcoming space, the group helps young people share their feelings and build resilience, ensuring families can access vital emotional support regardless of circumstances.

Deputy Leader, Cllr Kim Carsok said: "These awards are a wonderful opportunity to recognise the people who make such a positive difference in our communities every day. From inspiring young people to dedicated volunteers and organisations, every winner shows the strength of community spirit across South Norfolk. We are incredibly grateful for everything they do."

Sally Greetham from Clarion Housing with Dr Mary Fewster



Cllr Sybil 'Tibby' Bunn was named **Town or Parish Councillor of the Year**, recognised for decades of tireless service. A driving force in Langley and Hardley, Tibby's work, from running the popular Spud Club to maintaining community spaces, has made her a central figure in village life.

The **Healthy & Active Award** went to **Jamie Steward**, whose quiet dedication supports people of all ages in Diss. From championing the redevelopment of the skate park to helping residents

with their mental wellbeing, Jamie's inclusive approach is having a big impact.

Young people were also celebrated through the **Community Organisation of the Year**, awarded to the **Pulhams' Youth Engagement Project**. Run by Mark and Michelle, the project provides a welcoming space where young people can build confidence, access opportunities and feel part of a supportive community.

Volunteer of the Year was awarded to **Susan Heal**, a long-standing advocate

for the Motor Neurone Disease Association. Through campaigning, partnership work and one-to-one support, Sue has become a trusted voice for families across Norfolk.

Finally, **Dr Mary Fewster** received the **Lifetime Achievement Award** for decades of dedication to community life. Her work across Alington, Yelverton and beyond, from local organisations to heritage projects has brought people together and left a lasting legacy.

Sponsored by



CLARION
HOUSING



South Norfolk
COMMUNITY
AWARDS 2026



L to R are Parish Cllrs Peter Aspinall, District Cllrs Jim Webber and Ian Spratt, Cynthia Hill, Nigel Seaman, Simon Harvey and Nicolas de Brauwere

Funding delivers in Flordon

Flordon may be one of South Norfolk's smallest villages, but it is making a big impact by making the most of council funding to improve life for its community.

The Parish Council has recently received £210 from the Council's In Bloom Fund, which will be used to enhance the area around a new wooden bus shelter. The shelter itself was crafted by a local carpenter and funded through a combination of support, including a government grant covering 80 per cent of costs, £1,000 from Cllr Daniel Elmer's Norfolk County Council Member Grant and additional contributions from local District Councillors Jim Webber, Bob McClenning and Ian Spratt.

This latest project is just one example of how the village is building on previous investment to create a more welcoming and vibrant place for residents.

Last year, Flordon secured £4,000 from the Community Action Fund, alongside

National Lottery funding, to install new play equipment for local children, including a new swing and trim trail.

More recently, the Geoffrey Watling Charity has awarded £3,500 towards the next phase of play equipment, helping the Parish Council continue to expand what's on offer.

Council Leader, Daniel Elmer, said: **"Flordon is a great example of what can be achieved with a little help from council funding. By backing local projects like this, we're helping villages create spaces that bring people together and make a real difference to day-to-day life."**

A further £2,000 from our Nature Conservation Fund helped pay for signage and gates along a new 6 kilometre circular walk which starts at Flordon Common, encouraging residents and visitors to explore the area and enjoy the surrounding countryside.

With just 130 dwellings, Flordon shows what can be achieved when a community works together and makes the most of the funding available.

To find out more about the grants we offer, visit our website and search for 'funding'.

Funding strikes the right chord

Our Member Ward Grants are helping community groups hit all the right notes - and Poringland Singers are leading the way.

Supported by Cllr John Overton, the 40-strong choir has used its grant to invest in a second keyboard and accessories. The change is already helping the group make the most of practice time in their 40th anniversary year.

Speaking on behalf of the choir, John Goodban said: "We are grateful to John Overton and South Norfolk Council for this award. The funding means that we can split into two groups in rehearsals, which is a much more effective way of rehearsing."

The group continues to perform across the district, with a summer concert at Holy Trinity Church in Loddon and a busy festive programme planned - and they're always keen to welcome new members.

The support forms part of an expanded Member Ward Grant scheme, which has recently doubled, giving each district councillor £2,000 to spend on projects that benefit their local communities.

In Hethersett, that funding is already making a difference, thanks to Cllr Kathryn Cross. The local croquet club has secured support to help grow its membership and improve facilities. Peter Steward said the grant "will make a huge difference," enabling the club to purchase equipment for new players, boost promotion and develop its partnership with Hethersett Cycle Speedway Club.

By putting funding directly in the hands of councillors, the scheme ensures support goes where it's needed most - helping local groups thrive, develop and bring people together.

Find out more about the Member Ward Grant scheme on our website.



Green investment boost

From revitalised play areas to better connected green space and protected heritage, a series of projects across South Norfolk are helping more people enjoy the outdoors while supporting wildlife and local character.



New lease of life for Rothbury Park

Rothbury Park in Wymondham has been given a new lease of life through a successful partnership led by South Norfolk Council. Once an underused area of short grass with ageing play equipment, the park has been transformed into a vibrant, welcoming space.

Funded through the Greater Norwich Growth Board's (GNGB) Infrastructure Investment Fund, developer contributions and investment from Wymondham Town Council, the project has delivered brand new play equipment alongside a complete redesign of the park.

Accessible paths now make it easier to explore, while new flowerbeds and carefully chosen trees are already enhancing the space and boosting biodiversity. The open central area

has been retained for football and informal play, ensuring the park continues to meet a range of community needs.

The project was championed by Greening Wymondham and delivered with partners including The Conservation Volunteers, Groundwork East and Norwich City Council's landscape architects.

Cllr Graham Minshull said: **"This is a fantastic example of what can be achieved when councils, partners and volunteers come together. Rothbury Park has been completely transformed into a space that works for the whole community, while also supporting nature to thrive."**



Greater Norwich
Growth Board

Opening up Queen's Hills



At Queen's Hills near Costessey, GNGB funded improvements are helping more people access and enjoy the 20-hectare community park. New entrances, upgraded paths and clearer waymarking are making it easier to explore woodland and riverside areas, while bike racks and information boards are enhancing visitor experience. Habitat work, including grazing in meadowland and wildlife features in trees, is already helping biodiversity to flourish.

Cllr Daniel Elmer, Chair of the GNGB, said: **"These projects show how investment in green infrastructure can make a real difference to communities. By creating more accessible, attractive and nature-rich spaces, they are helping to deliver the objectives of the Greater Norwich Green Infrastructure Strategy."**

The GNGB is a partnership comprising Broadland District, Norwich City, South Norfolk and Norfolk County Councils. The partners have chosen to work together to provide grant funding for strategic infrastructure projects that support growth within the Greater Norwich area.

Bringing Moot Hill back into view

In Wymondham, we are working with the Norfolk Archaeological Trust to reveal Moot Hill, a Scheduled Ancient Monument dating back to Norman times. Early improvements have made the site safer and more accessible, with new paths, fencing and habitat work supported by volunteers from Greening Wymondham and the Norwich Fringe Project.

As the project develops, this once hidden landmark will become a place where people can appreciate both its rich history and importance for wildlife, while ensuring it is carefully protected for generations to come.

Together, these projects show how targeted investment is enhancing South Norfolk's green spaces for residents, visitors and wildlife.



FUNDING BOOST FOR GREEN SPACES

A new wave of funding is set to help communities across South Norfolk make space for nature to thrive.

Following the success of our pilot scheme, we are bringing back our Nature Conservation Fund, giving community groups, parish councils and schools another chance to apply for grants worth up to £10,000.

The fund supports projects that enhance biodiversity, capture carbon and make green spaces more accessible for everyone – from creating wildlife ponds and mini forests to planting wildflowers and improving local walking routes.

In the last round, we supported 11 projects, including

improvements at Fair Green in Diss along the Angles Way. Thanks to the funding, the Fair Green Neighbourhood Association (pictured) was able to install high-quality interpretation signage, introduce a new community bench, and plant bulbs and wildflowers, creating a more welcoming, wildlife-rich space for both residents and visitors to enjoy.

Project lead Helaine Clare said the improvements have already made a difference: "Fair Green is such a special place at the heart of our community. The new signage is helping people better understand and appreciate the wildlife around them, while the bench has created a welcoming place to pause, enjoy a morning coffee,

catch up with neighbours and spend time in nature. Together with the planting, it's brought new life and colour to the green for everyone to enjoy."

Cabinet Member, Cllr Martyn Hooton, said: **"This fund is a key part of our commitment to support nature recovery while ensuring residents can enjoy high-quality green spaces close to home. With demand expected to be high again, I'd encourage community groups to start shaping their ideas now and take advantage of this fantastic opportunity."**

Don't miss your chance to make a difference – find out more and apply through our website.



Blooming marvellous!

Our In Bloom scheme has reopened following a strong first round, which saw high demand from communities across the district.

The scheme supports projects that brighten local areas through planting and greenery and proved so popular that we have reopened the fund to give even more groups the chance to take part.

Cllr Kim Carsok said: **"It's been great to see the positive response and the difference it's already making in our communities. These projects are not only improving local spaces but also bringing people together."**

In the last round, 28 projects were funded, with just over £15,400 awarded and match funded by community groups, parish councils and local organisations, bringing the total investment to more than £30,000.

The funding is already transforming local spaces, from village greens to community gardens, while also creating new areas for wildlife to thrive. By bringing people together to improve their surroundings, the scheme is boosting community pride and wellbeing as well as enhancing the look of towns and villages.

With the fund now open again, community groups are encouraged to come forward with ideas that will add colour and life to their communities.

This scheme forms part of our wider investment in communities.

For more information and to apply, visit our website.



SOUTH NORFOLK FOOD WASTE COLLECTIONS

Food waste collections are now rolling out across South Norfolk as part of a new free weekly collection service.

THE SERVICE IS BEING INTRODUCED IN TWO PHASES:

Phase 1 collections start week commencing 27 July

Phase 2 collections start week commencing 28 September

Not all households start at the same time. You can use the postcode checker on our website to find out when collections start at your address: southnorfolkandbroadland.gov.uk/food-waste-south-norfolk

This new service will help us cut down on waste and transform leftovers into energy and fertiliser, creating a cleaner, greener South Norfolk.

WHAT HAPPENS NEXT?

Before your collections begin, you'll receive a leaflet confirming your start date, followed by the delivery of your kitchen caddy, outdoor food waste bin and liners.

WHAT YOU'LL RECEIVE

- A small indoor kitchen caddy
- A 23 litre outdoor food waste bin
- Liners to keep your caddy clean



Simply pop your food waste into the caddy, like peelings, leftovers, and out-of-date food, then empty it into your outdoor food bin. We'll collect it weekly, on the same day as your rubbish and recycling collections, using a separate vehicle dedicated to collecting food waste.



The big clean up

Our Big Litter Pick has once again brought communities across South Norfolk together, with hundreds of volunteers rolling up their sleeves to help tidy their local areas.

Local residents, schools, businesses and community groups collected 65 bags of rubbish and recycling from village centres, footpaths and green spaces, helping to keep neighbourhoods clean, safe and welcoming for everyone.

Cllr Martyn Hooton said: **"Thank you to everyone who took part and helped make such a positive difference to the district."**

This year, five participating groups each received £500 to spend on their community, while all other registered groups received £50 as a thank you for their efforts.

If you'd like to be involved next year, please visit our website and search for 'litterpick'.

Volunteers clean up at the Pennoyer Centre in Pulham St Mary

Powering up recycling

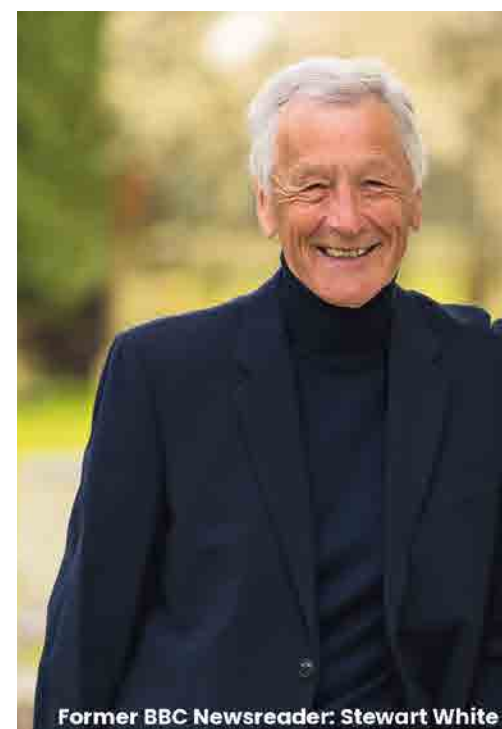
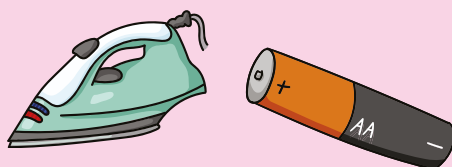
Our free kerbside battery and small electrical recycling scheme is already proving a huge success, with over a thousand unwanted electrical items collected from homes across the district.

Cllr Martyn Hooton, said: **"We're delighted to see so many residents getting involved. This scheme is helping thousands of electrical items be recycled properly, and that's a fantastic result for our communities and the environment."**

Launched to make recycling easier for our 120,000 residents, the free collection service has helped people safely dispose of everyday items such as kettles, hairdryers and cables that might otherwise have been thrown away or left unused in drawers. The strong early response shows just how keen residents are to do the right thing when convenient options are available.

Funded through Material Focus and the Recycle Your Electricals campaign, the scheme is part of a wider national effort to reduce e-waste and its environmental impact. Locally, it is already making a real difference, cutting waste, recovering valuable materials and supporting a cleaner, greener South Norfolk.

Find out more and book your free collection today, by visiting our website.



Former BBC Newsreader: Stewart White

Stewart White: The danger isn't always the fall.

A few years ago, I fell in my garden and broke my ankle. I managed to get back on my feet, but later that night, when the pain became unbearable, I ended up at the Norfolk and Norwich University Hospital.

Looking back, it isn't the fall itself that frightens me most. It is what might have happened if I hadn't been able to get up.

My phone was inside the house (I was 60 yards away). Luckily, my wife was at home that day. But what if she hadn't been?

Through my work with HelpAlert, I have learned that there is a medical term for when someone falls and cannot get up or call for help. It is called a "long lie".

It happens more often than you might think and affects thousands of older people in Norfolk each year. Many are not badly injured from the fall itself. However, spending several hours on the floor can cause serious harm.

Thanks to HelpAlert, nobody has to face that situation alone any longer.

HelpAlert is a local personal alarm service. Members pay a small monthly fee by Direct Debit and wear a small watch on their wrist.

It is discreet and looks like an ordinary watch, with the time clearly displayed. If help is needed, the wearer simply presses one button. They are connected to a real person, day or night, who can arrange help and make sure they are not left on the floor.

The HelpAlert operators can speak directly to the wearer through the watch. They can contact a family member, neighbour or friend. If necessary, they can also call the emergency services.

The service works at home, in the garden, in the shower and while you are out and about. Whether you are shopping, walking the dog or visiting friends, help is always close by.

There is no need for a smartphone or an internet connection. HelpAlert is also ready for the digital switchover, so you can remain connected to help.

Most of us want the same things as we get older. We want to stay independent. We want to remain in our own homes. We also want the confidence of knowing that help is there if we ever need it.

Just as importantly, HelpAlert gives reassurance to the people who care about us.

Your local HelpAlert team is based at the University of East Anglia. Free next-day delivery is available if you are leaving hospital, have recently had a fall or simply want some extra peace of mind if you are living alone.

If you would like to learn more, simply give HelpAlert a call and ask for a free brochure. You can read it in your own time and decide whether the service is right for you.

My advice is simple: don't wait until after a fall to think about getting help. Put it in place before you need it, it could save your life tonight!

helpAlert
Fall Watch

Call for a free brochure:
01603 650603

or visit www.helpalert24.co.uk



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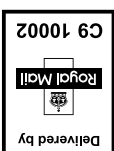
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