

Start Up & Development Grants



Meet Josh and Luis Tibbles, Co-owners of Tibbs Fitness



With Tibbs Fitness, our mission is to help as many people as we can, inspire them to take action, and improve their physical and mental health. We've always believed in fitness as a positive lifestyle choice, and decided to launch in 2020, offering a premium gym experience.

With Covid we had to swerve into an online model and then, post-Covid, evolve back into a group facility in our unit. We first heard about grant support from a gym member and the Start Up Grant helped us buy kit and get off the ground properly. Fast forward a couple of years and membership had grown from 30 to 140, so this time the Development Grant was a game changer as it helped us buy gym kit faster, right when we expanded into a larger unit. Our expansion means that we've also been able to build a team and employ a run coach, a marketing guy and a full-time coach.

Jo from the Economic Growth team has been nothing shy of brilliant from the first contact onwards, and it's great to know this support is there at those crucial growth points. It's a great working relationship which has made a big difference to us.



Josh and Luis are brothers who have always worked out together and pushed each other through all fitness and business challenges.