

# TOTS 2TEENS

February Half Term

For children and teens between  
the ages of 5 and 16

BOOKINGS OPEN  
Monday 26th January 10:00am



# WELCOME

Welcome to Tots2Teens' February Half Term holiday brochure. Tots2Teens offers a wide range of activities for young people aged 5 to 16 years during the school holidays.

During the half term holidays, all participants will be provided with fruit snacks at sessions, however, you will need to provide your own lunches.

We offer a 50% reduction on all activities for Broadland households claiming means tested benefits.

These include Council Tax reduction, Housing Benefit, Universal Credit, Income-based Jobseeker's Allowance, Income-related Employment and Support Allowance, Income Support, Child Tax Credit, and Working Tax Credit. Please let the booking team know if you are eligible for this discount.

Payment must be made by credit or debit card at the time of booking. **All fees are non-refundable, unless we are able to fill the space.** In the event that we have to cancel a session, we will endeavour to give at least a week's notice and a refund will be provided.

If you wish for your child/ren to attend and leave an activity without an adult, we will require written permission from the parent/carer stating this intention before the date of the relevant activity.

**Please note: Children may only be dropped off and registered from 10 minutes before the start of the session.**

Tots2Teens holiday activities follow guidance for out-of-school childcare. All staff have an enhanced Disclosure & Barring Service check. If you would like to inspect our operational handbook, please ask a member of staff.

DATE	17th February	19th February	20th February
SESSION	Tasty Tapas Cookery Session	Lunar New Year Fun Zone	Calm Cats Relaxation Zone



Keep up to date with Tots2Teens on Facebook!

If you would like this information in a different format, such as large print, audio, Braille or in a different language please call us on (01603) 431133 and we will do our best to help.

# TASTY TAPAS COOKERY SESSION

**Please do not bring any electronic games or mobiles to the sessions.**

This February half term we bring you the chance to whip up your favourite Mediterranean dishes with this tasty tapas cookery session.

**Date:** 17/02/2026

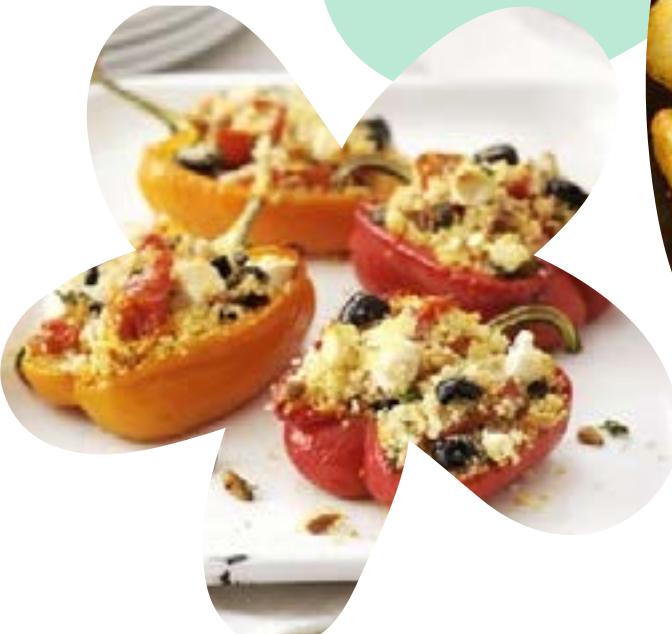
**Time:** 10:00 – 15:00

**Age:** 11-16 years

**Location:** Sprowston Community Academy, Cannerby Lane, Norwich NR7 8NE

**What3Words:** Sounds.Boring.Logo

**Session Price:** £32.50 pp



**BOOK HERE: [TOTS2TEENS](#)**

# LUNAR NEW YEAR FUN ZONE

**Please do not bring any electronic games or mobiles to the sessions.**

Learn how to paint using ink wash techniques, make your own Lunar New Year lanterns and learn some new and exciting traditions for 2026 - the year of the fire horse!

Also learn some Zumba courtesy of our resident expert, Asha!

**Date:** 19/02/2026

**Time:** 9:30-15:30

**Age:** 5-10 years

**Location:** Acle Recreation Centre, Bridewell Lane, Acle NR13 3RA

**What3Words:** stepping.costly.advantage

**Session Price:** £21.50pp



**BOOK HERE: [TOTS2TEENS](#)**

# CALM CATS RELAXATION ZONE

Calm Cats helps children to learn the tools and techniques for self-regulation, self-care and improved emotional and physical wellbeing. This session is based around the book 'How to Catch a Star' by Oliver Jeffers. Teaching your kids teamwork and resilience skills around this award-winning story of a little boy who defeats the odds to achieve his dream of catching a star.

**Date:** 20/02/2026

**Time:** 10:00 - 15:00

**Age:** 5-10 years

**Location:** Horsford Village Hall, Holt Road, Horsford, NR103DN

**What3Words:** look.snuck.replaying

**Session Price:** £32.50



**BOOK HERE: [TOTS2TEENS](#)**

# OTHER THINGS THIS HOLIDAY

## YOUNG CARERS ACTIVITY DAYS!

For Young Carers aged **11 to 18** years old who live or go to school in **Broadland**

**Tuesday 17th February &  
Wednesday 18th February 10am-3pm**

At **The Nest**, Holt Road,  
Hordford, NR103AQ



**Join us for activities including:**

- **Challenge Woods:** Woodland play park with climbing frame, zip wire etc
- **Clubhouse access:** Pool, Table Tennis, Darts, PS5s, Projector Screen
- **The BOX:** Interactive Games Wall
- **Football**/on pitch games
- **Tennis** pitch use



Run by:  
**The Benjamin Foundation**



To book, scan the QR code

Or contact **Alice.Stevenson@benjaminfoundation.co.uk**



# Library Nurture group



**The first Wednesday of every month**



**3:30pm to 4:30pm**



**Aylsham Library NR116AA**

**Are you a young carer? Home educated or a young person with SEND? If so come along to our Nurture group.**

- For all ages 8 upwards (under 8's will need accompanying by an adult)
- Working in partnership with Norfolk Libraries, we will have a range of wellbeing literature and activities, lego and boardgames available
- Free hot drinks and a cookie
- Explore what your local library has to offer, and you could become a member
- Support available from Young Carers Education and Community Support Worker - Rowena Cove



**No need to book but if you would like further information please contact [rowena.cove@benjaminfoundation.co.uk](mailto:rowena.cove@benjaminfoundation.co.uk)**